

Day Procedure Unit The Calderdale Royal Hospital

Local Anaesthetic

This leaflet contains very important information, please read the entire form. Your operation may be cancelled if you do not follow the instructions.

Arrangements have been made for you to be admitted to The Calderdale Royal Hospital, Salterhebble, Halifax, HX3 0PW.

Getting ready for your visit to hospital

- You may eat and drink as normal prior to your admission UNLESS you have been instructed not to for your specific procedure.
- Please have a bath or shower before your procedure.
- You may be asked to remove contact lenses and glasses.
- Please bring any medicines, pills or inhalers you are currently taking. This includes any diabetic equipment. (Inhalers even if not used in a while).
- Please take medication as usual unless advised to stop by the consultant.
- Remove all jewellery (including body piercings). Wedding rings are acceptable providing your hand is not being operated on.
- Please remove all nail varnish from hands and feet. False nails and make up should not be worn.
- It is essential you have a supply of pain relief medication at home for after your procedure as this is not routinely given out.
- If you are having surgery to a lower limb do not wear tight trousers or high heels on your admission day.
- Do not bring large amounts of money or valuables with you. The Trust will not take responsibility for them. Lockers will be available to store personal items.

You will receive a phone call or text message 2-3 days prior to your admission so we can confirm your details and ensure there have been no changes. If we are unable to contact you we will leave a message, please make sure you respond to this.

You must contact the Day Procedure Unit if you develop a cough or a cold, vomiting or diarrhoea or any skin or wound infections in the week prior to your surgery.

If you change your mind and decide you do not want your operation or that your symptoms have disappeared please let us know as soon as possible so that we may offer your place to another patient. If you do not let us know then a valuable operation slot is wasted.

On the day of your admission

Please report to The Day Procedure Unit reception desk.

The nurse allocated to look after you will explain to you what will happen during your stay in hospital.

Please refer to the additional information given to you relating to your procedure.

Please be aware: You will be asked to arrive at The Day Procedure Unit for 07.00am or 12 noon. The admission time is NOT the time of your procedure. There may be a waiting time of up to 4 hours before you are taken to theatre.

There is limited space on the unit so relatives are not permitted to stay except in special circumstances which need to be arranged with the unit prior to the day of admission.

- There is 30 minute free parking in the car park which can be used for drop off/pick up.
- You will be admitted by a member of the nursing team and then shown to a waiting area.
- Please have ready contact telephone numbers for next of kin/emergency contact. Mobiles can be used on the unit.
- You will see a surgeon before your procedure.
- You may be asked to change into a theatre gown. You may want to bring a dressing gown and slippers for comfort.
- A healthcare professional will then escort you to the operating theatre where you will have your procedure as planned.

What to expect after your procedure

- You will recover from your procedure either on a trolley or in a reclining chair. The nursing staff will monitor you as required.
- You may eat and drink as soon as you feel like it.
- For some procedures you may not be able to drive yourself home or use public transport. If this is the case, please ensure you have made arrangements for someone to collect you.
- You must not fly on an aeroplane for 6 weeks after lower limb surgery.
- You will be given a copy of the letter we send to your GP and advice about your procedure.
- You may be given some medication to take at home
- You will be given instructions about your wound and dressings. You may be required to make an appointment with your own practice nurse for wound check/removal of stitches.
- You will be given any necessary follow up instructions and any information regarding outpatient appointments.

Important - If you feel you need support during your recovery, please arrange this before your procedure date.

If you have any worries after discharge, you may contact The Day Procedure Unit for advice (within the first 4 weeks). Telephone 01422 223918 9.00am to 5.00pm.

Your opinion matters

One of the ways we try to improve the service is by listening to feedback from patients and relatives. We would be very grateful if you would fill in a feedback form.

If you have any comments about this leaflet or the service you have received you can contact :

The
Day Procedure Unit
Calderdale Royal Hospital
Halifax
HX3 0PW

Telephone: 01422 223918

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"