

The Children's Epilepsy Specialist Nursing Team



Introduction

Epilepsy is the most common serious neurological condition affecting approximately 600,000 people in the U.K.

Epilepsy can start at any age but most commonly starts in childhood and in the elderly.



Philosophy of care

Our nursing care is based on the belief that all children and young people with epilepsy, their relatives and friends are individuals with their own cultural, social, personal and spiritual needs, which we will seek to respect, support and value.

As Paediatric Epilepsy Specialist Nurses, we will take opportunities to keep updated with changes and developments in current practice, maintain a broad range of skills ensuring appropriate use of resources and recognise that good communication, support and care are necessary to promote a sense of well being for patients and their families. The goal, as far as possible, is to enable each individual to attain and maintain their optimum level of physical and mental health and wellbeing.

The Role of the Paediatric Epilepsy Specialist Nurses

If you or a family member have been told that you have epilepsy, there will be lots of questions you may want to ask.

For example:

- What is epilepsy?
- Why have I / my child developed epilepsy?
- How will it affect my/ their life?
- How do I manage seizures?
- Will I / they be taking drugs forever?
- How do I seek help and support?

And possibly many more questions.

The role of the Epilepsy Nurses are to help, advise and support you through the maze of questions. She/he can also advise and educate your family, school and friends about epilepsy and its management.

Information and Education about Epilepsy

The Paediatric Epilepsy Specialist Nurses can spend time with you and your family in the clinic to discuss any issues you may have concerning epilepsy.

The Paediatric Epilepsy Specialist Nurses can ensure you receive the appropriate information and education regarding a whole range of subjects related to your epilepsy.

- Seizure Management
- First Aid / Safety
- Lifestyle and Leisure activities
- Medication
- Epilepsy and Education
- Epilepsy and cognition
- Emotional aspect of epilepsy
- Careers and Employment
- Driving
- Leisure activities
- Contraception
- Pregnancy
- SUDEP
- Epilepsy Care Planning
- Adolescence Work
- Transition Clinic
- Training for school and community colleagues
- Training on the use of rescue medications

Websites for further information and training

- Young Epilepsy UK
- Epilepsy Action UK (Facility available for transition into different languages)
- Epilepsy Society UK
- Medicines for Children UK
- Daisy Garland UK
- Matthew's Friends UK
- SUDEP Action UK

Contact Numbers

If you would like more information or would like to speak to the Paediatric Epilepsy Nursing Team we can be contacted on Telephone No: 01484 343565

or please contact :

Monday - Friday 8.00am - 4.00pm

via switchboard

Calderdale Royal Hospital

Telephone (01422) 357171

or via

Huddersfield Royal Infirmary

Telephone (01484) 342000

If you have any comments about this leaflet or the service you have received you can contact :

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www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce,
obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych
informacji w innym formacie lub wersji językowej,
prosimy skontaktować się z nami, korzystając z ww.
danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"