

Plastic Surgery

General Wound Discharge Advice

About this leaflet

You will be given verbal advice before leaving hospital to hopefully prevent any complications after your surgery.

The following often occur and are normal:

- A sensation such as tingling, itch, numbness or sharp pain are common and will settle given time.
- Slight pulling around your stitches as the wound heals.
- Bruising around the site of the wound.

The stitches

Your surgical wound will have been closed in one of three ways:

Stitches - These will be removed

by _____

on at _____

Dissolvable stitches - these will dissolve over time (approx 2-3 weeks), for some people may take longer and will not need to be removed.

Steri-strips - these are strips of adhesive tape. They will fall off of their own accord.

The Dressing

- You will have some kind of dressing on your wound immediately after your operation. This is to help prevent infection.
- Please keep your wound clean and dry for at least 48hrs, unless told otherwise.
- If you experience any inflammation, excessive pain, swelling, offensive odour and/or leakage from your wound, please contact the ward, you may have an infection.
- If you experience any pain, this can be relieved by taking a simple painkiller. Always read the instructions on the medication you are taking.
- Please ensure you complete the full course of antibiotics if you are prescribed them.
- The ward staff will be pleased to offer advice or answer any queries you may have.
- If you are at all concerned, please contact the telephone number below BEFORE contacting your G.P. for advice.

For patients who have had a general anaesthetic as a day case, the following advice is also applicable:

- It may take up to 4 days for your anaesthetic to fully wear off, it is important that you:
- DO NOT drive, operate machinery, sign legal documents or consume alcohol following surgery.
- DO have someone who is able to collect you and stay with you for 24 hours following your surgery.

If you experience any problems with your wound or dressing please contact:

Plastic Nurse Specialist - Jenny Green
Monday - Friday Tel: 07385416169

If you have any comments about this leaflet or the service you have received you can contact :

Matron, Day Surgery Unit, Huddersfield Royal Infirmary
Telephone No: (01484) 342111

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce,
obratte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych
informacji w innym formacie lub wersji językowej,
prosimy skontaktować się z nami, korzystając z ww.
danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"