Children's Therapy Service

Transition for Young Adults in Calderdale

In Calderdale Children's Therapy Service are able to assess and treat children until they are 16-19 years old. Discussions regarding transition into adult services will begin from the age of 14.

From the age of 16 years the way young adults access therapy services begins to change. The focus of therapy intervention sometimes moves away from the educational setting and becomes more clinic based. On-going therapy will depend upon the young persons need and clear therapy goals. Patients may be discharged by their Consultant Paediatrician at 16 years depending upon the complexity of their needs. The Children's Therapy Service will continue carrying out access visits and risk assessments in an education setting as long there is support for the intervention to take place.

The Children's Therapy Service will try to ensure a smooth transition into adult services as required. We will aim to liaise with the adult teams and give parents/carers and young adults the relevant information needed.

This is the ideal time to encourage young adults to become more independent and proactive with their therapy needs. We are keen to promote self-management and encourage young adults to take responsibility for their own equipment, orthotics and exercises. Also, adopting a healthy lifestyle by accessing hobbies and sports. As the effect of growth becomes less of an impact on young adults the need for regular therapy assessment reduces.

Adult Therapy Services work very differently to Children's Therapy and they cannot routinely see adults. They can offer assessment and short-term blocks for an acute problem, deterioration or following surgery.

This leaflet aims to give young adults the necessary information on relevant services and contact details.

Appliances and Orthotics

Orthotics have a continuous service into adulthood

Contact 01484 343545

Wheelchair Services

Wheelchair services have a continuous service into adulthood.

Rosscare Wheelchair Services, Unit G7, Lowfields Business Park, Navigation Close, Elland HX5 9HB

Tel: 01422 312729

compassionate care

Therapy

As stated earlier Adult Therapy Teams cannot routinely monitor patients. Instead they will assess and treat individuals with an acute problem for a short-term block of therapy. As young adults there are two options to access physiotherapy services depending upon your needs.

Adult Musculoskeletal Team will accept referrals from 13 years, they are clinic based, specifically treat acute problems relating specifically to joints and muscles and they require a GP referral.

Calderdale Gateway to Care will accept referrals for those who require community Physiotherapy or Occupational Therapy:
Adult Health and Social Care
1 Park Road, Halifax, HX1 2TU
Telephone: 0845 1111103 / 01422 393000
Text phone: 01422 393398 (for hearing impaired people only)
Email: **gatewaytocare@calderdale.gov.uk**

Calderdale Learning Disability Community Health Team will accept referrals for adults with learning disabilities from therapists, GP's and other health professionals:
Calderdale Learning Disability Community Health Team:
Hebden Bridge Health Centre, Hangingroyd Lane, Hebden Bridge, HX7 6AG
Telephone: 07795 884 879
Email: **swy-tr.CalderdaleCommunityLDHealth@nhs.net**

Equipment

Any concerns regarding your home equipment please contact loan stores:
Calderdale Community Stores, Unit 13, Ainley's Industrial Park, Ainley Bottom, Elland, HX5 9JP.
Telephone: 01422 261346

Sports

Creating connections supporting disability sports

Disability Sports and Multi Sports
Contact: Debbie Greenwood
Email: **sportsdevelopment@calderdale.gov.uk**
debbie.greenwood@calderdale.gov.uk

Horse riding: Haworth riding for the disabled
Telephone: 01535 649448
Email: **info@haworthrdagroup.org**

If you have any comments about this leaflet or the service you have received you can contact :

Children's Therapies
Broad Street Plaza
Northgate
Halifax HX1 1UB

Telephone: 01422 261340

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉੱਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"