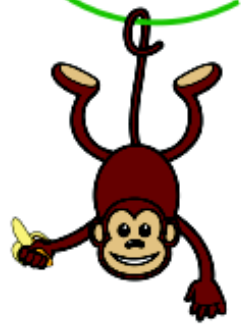


Paediatric Diabetic Team

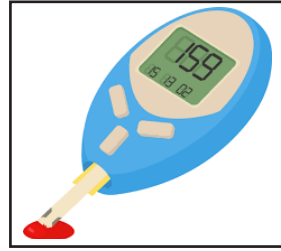
All about me



Can you think of 3 things you would like to discuss today?



Food or Diet



BG checking



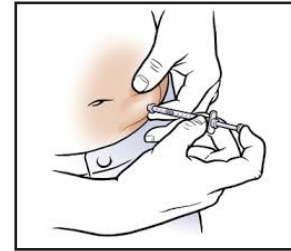
Illness



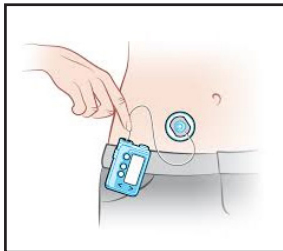
Sports & Exercise



School



Injections



Pumps



Family



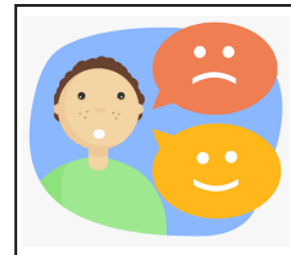
Holidays



Weight



Friends



Feelings/Emotions



Other

HbA1c Trend Graph



Please can you tell us your insulin doses?

My basal insulin is: _____

My dose is: _____

Pump basal rate (if applicable): _____ /day

My breakfast ratio is:	Time:	1 unit/	g
My lunch ratio is:	Time:	1 unit/	g
My evening ratio is:	Time:	1 unit/	g
My supper ratio is:	Time:	1 unit/	g

As above for sensitivity

How confident do you feel about changing your insulin doses?

Put an X in the boxes below to show how confident you feel.

1 = not at all
→
 10 = very confident

1 2 3 4 5 6 7 8 9 10

My plan for next HbA1c in clinic is:

-
-
-

Contact us

The Team

Huddersfield

Sam Barnard (PDSN): 07971 277050
Clare Shaw (PDSN): 07775 538923
Jo Kitchen (Patient Advocate): 07824 596835

Calderdale

Sarah Schorah (PDSN): 07766 905623
Georgia Booth (PDSN): 07388 712021
Amanda Grayson (Patient Advocate): 07824 550886

Cross site

Alison Oversby (Dietitian): 07824 596904
Admin / Office: 01484 356923

If you have any comments about this leaflet or the service you have received you can contact :

Admin / Office:
01484 356923

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"