

# District Nursing Service

## Information for Patients and Carers

### Introduction

District Nursing Teams provide nursing care for patients who are housebound, aged 18 and over and are registered with a Calderdale GP. A person who is housebound would be unable to receive their healthcare in a GP practice or clinic. A person is not housebound if they are able to leave their home environment with assistance. For instance, if they are able to attend personal appointments such as the hairdressers, opticians or visit supermarkets, they will be deemed as appropriate to attend their GP surgery for their healthcare, except for if there are nursing reasons for example Palliative Care support visits, Intravenous Antibiotics and Complex Wound Care.

When your health or mobility improves the District Nursing Team will refer you back to the care of the practice nurse or a more appropriate service, however this will be discussed with you.

District Nursing Teams work as part of a multidisciplinary team which includes you, your Doctor, Occupational Therapists and Physiotherapists, Podiatrists, Adult Social Care services, general and community hospitals, local hospices, and voluntary agencies. This list is not exhaustive and other services may support the multidisciplinary approach to your care.

### District Nursing Service

The District Nursing service provides a 24-hour service, 365 days a year. The teams consist of day, evening, and night teams. Due to the nature of the work, it is not possible to give timed visits as the work needs to be prioritised and visits during the day will be performed between 8am – 6pm.

District Nursing Teams are led by a Registered Nurse called a District Nursing Sister or Charge Nurse who has undertaken additional training to become a Community Specialist Practitioner. They lead a team of Staff Nurses, Nursing Associates, Health Care Assistants, Phlebotomists and Student Nurses and apprentice Health Care Assistants and as such, you may receive care from a variety of members of the team and we cannot guarantee that you will continue to see the same nurse.

Our work is both preventative and supportive and we aim to provide holistic, quality, safe and effective care by following national and local policies, procedures, and care pathways. As well as providing direct patient care, district nurses also have a teaching role, working with and educating patients to enable them to care for themselves or with a family member being taught how to give the care required. Our aim is to help you feel confident and in control of your own health and wellbeing.

Together we will support you to learn more about your conditions and help you develop the knowledge and skills to manage your care independently.

## **The Community Nursing Service provides:**

- Nursing procedures including, but not limited to, wound dressings, administration of injections and intravenous antibiotics.
- Supporting and advising on health care and preventing ill health.
- Providing palliative support and end of life care.
- Teaching health care techniques to patients, families, or carers including, but not limited to injections and wound dressings where it is deemed appropriate.
- Providing equipment to help patients be independent.
- Assistance with rehabilitation.
- Providing emotional support to family and carers.
- Helping patients to contact other community, social and voluntary services.

## **What we don't do:**

- Carry out social care e.g. bathing, washing, dressing, lower limb maintenance care.
- Provide care that is available from other healthcare teams e.g. podiatry, TB nursing, provide continence products or washing wipes.
- Provide a collection and delivery service e.g. medication and medical supplies.
- Visit patients who are not housebound except if there are nursing reasons for example palliative care support visits, intravenous antibiotics or complex wound care.
- Replace 111 calls or home care.

## **What we expect from you**

- We would be grateful for facilities to wash our hands and paper towels to dry them; such as kitchen roll.
- We may need to request that pets are not present in the room on visits for safety and hygiene purposes.
- A smoke free environment, the nurse may ask you to stop smoking during their visit or ask you to move to another smoke free room.
- That you respect that we are required to adhere to Health and Safety protocols whilst undertaking your care.

NHS staff will treat everyone fairly and consistently with dignity and respect. In return staff expect that you will treat them in the same way, which will ensure we are all free from undue stress and anxiety.

We have a zero-tolerance policy and any incidents of violence and/or aggression will be dealt with in line with Trust Policy.

Ask questions about your care and treatment. Tell us if you do not understand and need support.

We would be grateful if you or a family member complete the Friends and Family Test so that we can actively seek to improve our services where necessary.

### **We receive referrals from:**

- GPs & Practice Nurses
- Patients, carers, or relatives
- Urgent Care Response Team
- Rapid Response Team and Reablement/Rehabilitation team
- Consultants
- Accident & Emergency and the Hospital
- Specialist Nursing Teams
- Community Matron
- Social Service

### **Contacting our District Nurse Teams**

#### **Community Administrative Team**

Monday – Friday 8am – 6pm Tel: 01422 652291

#### **Out of Hours District Nurse Team**

Evenings, weekends and between 6pm – 8am Tel: 07917 106263

**If you have any comments about this leaflet or the service you have received you can contact :**

Community District Nursing/Administrative Teams  
4th Floor  
Bowling Mill Courtyard  
Dean Clough Mills  
Halifax  
HX3 5AX

Telephone: 01422 652291

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce,  
obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych  
informacji w innym formacie lub wersji językowej,  
prosimy skontaktować się z nami, korzystając z ww.  
danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"