

Endoscopy Units

Discharge Information Following a Bronchoscopy

Calderdale Royal Hospital



Tel: 01422 223933 / 223920

Huddersfield Royal Infirmary



Tel: 01484 342436 / 355877

You have had IV sedation and local anaesthetic spray therefore you must:

- Have a responsible adult to care for you at home for 24 hours
- Have plenty of rest at home as the sedative can make you feel lethargic and tired

You must not:

- Drive a vehicle or motorcycle
- Drink alcohol, take recreational drugs or sleeping tablets
- Operate machinery or household equipment (kettle /cooker)
- Sign any legal documents
- Look after young children and dependents

You must not have anything to eat and drink for 2 hours.

You can start eating and drinking at _____

At this time try a small sip of water, if this does not make you cough or gag you can eat and drink normally.

After your procedure you may experience:

- A Sore throat / nose or a hoarse voice. This is nothing to worry about and will settle without any treatment.
- You may cough up blood or blow blood down your nose, this is quite common and due to the passage of the instrument.

Things to watch out for:

- Severe pain in the neck or chest
- Coughing up large amounts of blood
- Becoming increasingly short of breath or different from your normal
- Fever

If you develop any of the above please seek medical advice from:

- **GP** in working hours
- **111** out of hours or for urgent advice the nearest **A&E** department

If you attend A&E please take a copy of this discharge leaflet with you.

Follow up: Will be arranged by the referring consultant

Restart anticoagulant: _____ **Date:** _____

PALS

(Patient Advice and Complaints Service)

The office is open 9am-5pm Monday to Friday

Email: patientadvice@cht.nhs.uk or Telephone 0800 013 0018

If you have any comments about this leaflet or the service you have received you can contact the Unit Manager at the Endoscopy Unit you attended.

Calderdale Royal Hospital
Telephone (01422) 223920

Huddersfield Royal Infirmary
Telephone (01484) 342436

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"