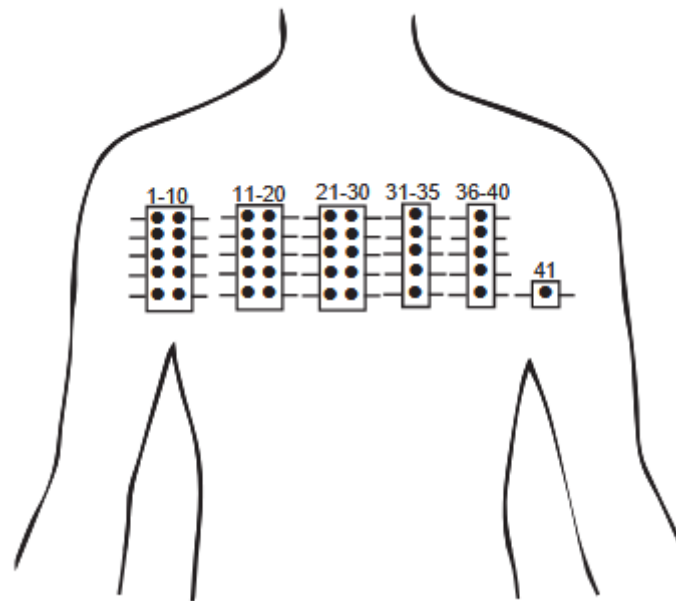


Dermatology Department

Patch Test



Patch testing is designed to find out if an allergy is a cause of your skin disease. It tests for substances coming directly into contact with your skin, but not foods that you eat. Patch testing involves three visits to the department for one week on Monday, Wednesday and Friday.

Patch Test Information

We would be grateful if you attend all three visits.

On the first visit the nurses will apply the self-adhesive patch test to the upper back. The sites of the test will be indicated by a line drawn in pen.

The second visit will be for the nurses to reapply the pen marks and remove the patches and read the test at 48 hours. At this stage the patches will not be reapplied.

After final reading of the test you may be given an appointment with the Consultant to discuss the result.

To ensure reliable test results we would be grateful if you would observe the following procedures:

Prior to Test

- Men should shave hairy backs three days prior to test.
- If skin is active i.e. eczema prior to test you may need to cancel and re-book.
- Do not sunbathe or use a sunlamp two weeks to test.
- Stop taking anti-histamines a week before your appointment and during the test.

During the Test

- Avoid getting your upper back wet during the test; shallow bath is permissible.
- You must avoid strenuous exercise; sweating or excessive movement may dislodge the patches.
- Avoid scratching the back if redness or itching occurs.
- Wear an old top next to the skin as clothes may get stained.
- Use a non-allergic tape such as micropore to stick down any edges that may become loose.
- Please make sure the lines are clearly marked at all times.

After the Test

After the final reading by the nurse, the Consultant or nurse will explain the relevance and importance of avoidance. The results of the test will be given to you and your GP will be informed of the outcome.

If any problems arise please do not hesitate to ring the Nurses

Tel: (01422) 224154

Monday to Thursday 8.30am - 4.30pm Friday 8.30am - 12.30pm

If you have any comments about this leaflet or the service you have received you can contact :

Dermatology Department Nurses
Calderdale Royal Hospital
Telephone No: (01422) 224154

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੁਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"