

# Clinical Nurse Specialists and the Multi-disciplinary Team

## Gynaecology Clinical Nurse Specialist

A Clinical Nurse Specialist in Gynaecology Oncology is a trained registered nurse who has undertaken extra specialist education and experience in the care of Gynaecology cancer patients. The Macmillan Gynaecology Nurse may also be known as your **Key Worker**.

### The Role of the Macmillan Gynaecology Clinical Nurse Specialist (CNS)

The Gynaecology Oncology nurse provides ongoing holistic support, information and coordination of care for people who are undergoing investigations for a gynaecological cancer or who have a diagnosis of a gynaecological cancer. This includes ovarian, fallopian tube, endometrial (cancer of the lining of the womb), cervical, vulval and vaginal cancers. This specialist support is ongoing throughout your care, from diagnosis, treatment and end of treatment. Some of the support and services the gynaecology nurses provide includes, individualised care and support, provision of information, health promotion, coordination of your care, signposting and referrals to other relevant services and specialities where appropriate and required. The team also aims to offer patients the opportunity to complete a holistic needs assessment which aims to identify your key concerns and address these with you. The gynaecology nurse also provides health and well-being information and support for patients once they have completed treatment and for patients living with and beyond with cancer.

You can contact your Gynaecology Nurse Specialist for support, advice, concerns or any information regarding your care, you will also be given their card and contact details with your information pack.

#### Macmillan Gynaecology Oncology Clinical Nurse Specialists:

Lesley Walker, Julia Folan, Joanne Llewellyn & Holly Cassidy - 01422 222720

#### Macmillan Gynaecology Cancer Care Coordinator

Melanie Matthews - 01422 222725

### Who can refer?

- General Practitioners (GP)
- Other Health Professionals
- Other Trusts
- Outpatient Department Staff
- National Health Screening Programmes
- Hospital Consultants/Doctors
- Self-Referrals
- Private Sector
- Hospices

## People who are involved in your care

Every specialty needs a team of experts to assess, plan and offer the best treatment available, this is called a **Multidisciplinary Team (MDT)**. The team is comprised of professionals who are experts in cancer in different ways. There are many people in the team looking after you as an individual.

### The role of the MDT

The Gynaecology Oncology team has two MDT'S per week, one MDT is done centrally at St James Hospital in Leeds on a Wednesday morning and the second MDT is done locally at Calderdale Royal Hospital on a Wednesday afternoon. The MDT is where all of your results from investigations are discussed and the best plan of care formulated.

### Members of the MDT

#### Specialist Gynaecology Surgeons

These doctors are experts in the care and treatment of Gynaecological Cancers via surgical intervention. The doctors in this team are Mr Makris, Dr Tumula and Mr Nugent.

#### Radiology Consultants

Consultant Radiologists are experts in performing and interpreting the results of XRAYs, CTs, MRIs, Ultra-Sound Scans and Ultra-Sound Guided Biopsy's, this information is discussed within the MDT to aid formulation of your treatment plan.

#### Histopathologist

Histopathologists are experts in examining biopsy samples/tissue under the microscope to identify if any cancer cells are present and how the cells behave, this information is discussed within the MDT to aid formulation of your treatment plan.

#### Medical Oncologists

These doctors are experts in deciding and planning which drugs will be most effective in the treatment of your cancer and management of any symptoms you may have. They will follow you up on a regular basis throughout treatment and afterwards.

The Medical Oncologists in this team are Dr Hofmann and Dr Ramanujam.

#### Clinical Oncologists

These doctors are experts in planning and delivering X-ray treatment known as radiotherapy as part of your cancer treatment. Radiotherapy can be given as a primary treatment but can also be given after other primary treatments such as surgery, to reduce the risk of your cancer recurring. It can also be used to reduce symptoms if the cancer does recur.

#### Macmillan Gynaecology Nursing Team

Your Gynaecology Clinical Nurse Specialists are Lesley Walker, Julia Folan, Joanne Llewellyn and Holly Cassidy. Melanie Matthews is the Macmillan Gynaecology Cancer Care Coordinator for the nursing team. If you have any questions or need further clarification regarding your plan of care/treatment, please contact your key worker or another member of the Gynaecology Nursing Team.

## **Palliative Care Specialists**

These are specialist doctors and nurses who are skilled in the holistic care and support of patients with progressive illness, management of pain and other symptoms and provision of psychological, emotional and social support through the process of diagnosis, treatment, continuing illness or recurring illness.

## **Other Specialists**

Depending on your treatment plan and needs, you may meet other professionals and specialists. These can include radiographers, sonographers (ultra-sound), lymphoedema specialist nurses, other nurse specialists, orthotics staff (wigs), benefits advisors, counsellors and the Macmillan cancer information and support team.

Sometimes your treatment will involve you attending another hospital, the majority of our gynaecology surgery is done at St James hospital in Leeds, however some surgery is undertaken locally at Calderdale Royal Hospital. If you require chemotherapy as part of your treatment, this can be given at one of the two hospitals within the Calderdale and Huddersfield NHS Trust. However, if you need radiotherapy, this treatment is only available at St James Hospital in Leeds. If you require patient transport this can be arranged on your behalf.

## **Macmillan Information Centre**

When you are affected by cancer, having the right kind of information at the right time is essential.

### **If you have concerns about:**

- Finances
- Need emotional support
- Feel that family members need support
- Have any practical issues at home

The Jayne Garforth Cancer Information Centre in the Macmillan Unit at Calderdale Royal Hospital and The Cancer Information Resource Room at the Greenlea Unit at Huddersfield Royal Infirmary provide a confidential, drop-in service for anyone affected by cancer. The centre also offers referrals to other support services, online well-being events, signposting to self help and support groups and links within the local community.

### **For more information please contact:**

#### **Macmillan Information and Support Team**

Macmillan Unit Calderdale Royal Hospital - 01422 222709

Greenlea Unit Huddersfield Royal infirmary - 01484 343614

If you have any comments about this leaflet or the service you have received you can contact :

The Macmillan Unit  
Calderdale Royal Hospital

Telephone No: (01422) 222700

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

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ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ طرزبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"