

Post Procedure Trans Perineal Prostate Biopsies

What should I do after my prostate biopsy?

Following your biopsy, we recommend you rest for the remainder of the day and ensure that you drink plenty of water (3 litres/5 pints) over the course of the next 24 hours.

We recommend no physical work or exercise for 24 hours post procedure. You can return to non-physical work the next day.

When will I get my results?

You will be either sent a follow up appointment by the Urologist you are under for a face-to-face consultation or telephone appointment, to discuss your results. We suggest that if you have not heard anything within 2 weeks that you contact the Urology secretaries.

Expected side effects

It is normal to see blood in your urine immediately after your procedure. This will fade over the next few of days. It is also normal to see blood in your semen for several weeks.

You may also feel bruised with an aching feeling in the perineal area. This is normal and paracetamol will help.

There is also a chance that you may have a temporary problem with erections, due to bruising from the biopsy.

Unexpected side effects

There is a 1 in 1000 risk of infection in either your prostate, blood or urine after a prostate biopsy.

If within the next 5 days -:

- you feel unwell with flu like symptoms
- have a raised temperature higher than 38 degrees
- have uncontrolled shakes and shivers
- have sweats
- have persistent bleeding in your urine
- or you are unable to pass urine for more than 8-hour period

please attend your local Emergency Department and bring this leaflet with you.

If you have any comments about this leaflet or the service you have received you can contact :

Ultrasound Department
Calderdale Royal Hospital
Telephone: 01422 224473

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਰ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"