

## Interventional Radiology

# Ultrasound Guided Liver Biopsy

## Patient Discharge Advice

You have had an Ultrasound Guided Liver Biopsy where a biopsy needle was inserted into your Liver to obtain a sample of tissue. You do not have any stitches to the puncture site, but there is a small dressing currently in place.

### It is very important that:

- You **must** have someone with you who can care for you during the **first 24 hours**, or longer if you feel this is necessary, from discharge.
- You keep the puncture site clean and dry.
- When you arrive home you should and avoid heavy activities e.g., lifting, housework, strenuous exercise and gardening for one week.
- You should refrain from driving for **at least 24 hours**, or longer if you feel this is necessary.
- Do not have a bath (i.e., submerge the puncture site) for **3-5 days** or until the puncture site has healed. The dressing is slightly waterproof, so a quick shower is okay.
- Pain relief (analgesia) tablets such as Paracetamol, should relieve any discomfort. **Avoid Ibuprofen and Aspirin** for the first 24 hours.
- Avoid flying for **7 days**.
- Avoid Alcohol for 24 hours.

### Notify your GP if you experience any of the following:

- Fever
- Rash
- Persistent tenderness/pain at your puncture site.
- Redness

### **If you experience:**

- Severe pain.
- Dizziness, fainting or weakness.
- Nausea or vomiting.
- You have continued bleeding from the puncture site or increased swelling.
- Pain in your abdomen, shoulder or chest.
- Problems breathing or shortness of breath.
- Racing or pounding of your heart.
- Stool that contains blood or is black and tarry.
- Swelling or bloating of your abdomen.

**you are advised to seek urgent medical assistance** either by ringing 111 or by attending the Emergency Department at either of our main hospital sites and inform them of what procedure you have had done (you may find it useful to hand them this leaflet).

**Medications:** Unless otherwise stated by your Doctor, you should resume your normal medications the same day. If you are on any “blood thinning” medication such as Warfarin, Clopidogrel, Aspirin or any other then you will be informed when to re-start this.

**If you have any questions:** During normal working hours (9am to 5pm) telephone: **01484 355781** and ask for a Radiology Nurse. If you are experiencing problems out of hours contact your GP, 111 or Emergency Department.

If you have any comments about this leaflet or the service you have received you can contact :

Radiology Admin Support  
Telephone: 01484 355591

Radiology Day Case  
Telephone: 01484 355781

Huddersfield Royal Infirmary  
Lindley  
Huddersfield  
HD3 3EA

[www.cht.nhs.uk](http://www.cht.nhs.uk)

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਖਾਸ਼ੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"