Interventional Radiology

CT Guided Lung Biopsy

Patient Discharge Advice

You have had a CT Guided Lung Biopsy where a biopsy needle was inserted into your left/right lung to obtain a sample of tissue. You do not have any stitches to the puncture site, but there is a small dressing currently in place.

It is very important that:

- You **must** have someone with you who can care for your during the **first 24 hours**, or longer if you feel this is necessary, from discharge.
- You keep the puncture site clean and dry.
- When you arrive home you should **rest** and avoid heavy activities e.g., lifting, housework, **strenuous exercise** and gardening for one week.
- You should refrain from driving for **at least 24 hours**, or longer if you feel this is necessary.
- Do not have a bath (i.e., submerge the puncture site) for **3-5 days** or until the puncture site has healed. The dressing is slightly waterproof, so a quick shower is okay.
- Pain relief (analgesia) tablets such as Paracetamol, should relieve any discomfort.
  Avoid Ibuprofen and Aspirin for the first 24 hours.
- You may cough up a little blood after you go home. This should steadily improve and stop.
  If it gets worse you should go to the Emergency Department at either of our main hospital sites.
- If you become short of breath, discomfort/pain when breathing then you should go to the Emergency Department at either of our main hospital sites and inform them of what procedure you have had done (you may find it useful to hand them this leaflet). You may have a chest-xray performed to check your lungs.
- Avoid flying for **7 days.**

compassionate care

Notify your GP if you experience any of the following:

- Fever
- Rash
- Persistent tenderness at your puncture site.
- Redness

Medications: Unless otherwise stated by your Doctor, you should resume your normal medications the same day. If you are on any “blood thinning” medication such as Warfarin, Clopidogrel, Aspirin or any other then you will be informed when to re-start this.

If you have any questions: During normal working hours (9am to 5pm) telephone: **01484 355781** and ask for a Radiology Nurse. If you are experiencing problems out of hours contact your GP, 111 or Emergency Department.

If you are a patient of a Lung Cancer Specialist Nurse you can contact them on **01484 347145**. You can also contact your consultant via his/her secretary.

If you have any comments about this leaflet or the service you have received you can contact :

Radiology Admin Support
Telephone: 01484 355591

Radiology Day Case
Telephone: 01484 355781

Huddersfield Royal Infirmary
Lindley, Huddersfield
HD3 3EA

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਬਿਸੇ ਜੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਸਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"