

# Non-medical Prescribing

## Non-medical Prescribing

Non-medical Prescribing is when a Health Professional other than a Doctor or a Dentist prescribes your medicines.

Non-medical Prescribing can only be undertaken after Registered Health Professionals have completed specialist in-depth training in order to clinically assess you and prescribe safely.

For the purposes of this leaflet, your Non-medical Prescriber will be referred to as your 'NMP'.

## Benefits of Non-medical Prescribing

- Your NMP will use all their skills and knowledge to ensure that you receive a quality service.
- It gives you quicker access to your medicines.
- It helps to reduce delays in your treatment.

## Non-medical Prescribers falls into three groups:

- Independent NMPs who assess you and review the medicines that you take. If required they will prescribe additional medicines, change doses or discontinue medicines that you no longer require.
- Supplementary NMPs who will use a Clinical Management Plan agreed between yourself and your Doctor to manage previously diagnosed conditions
- Community Practitioner Formulary Prescribers who prescribe from a very limited formulary, for example some dressings, catheters, appliances

## Can any Health Professional now prescribe my medicines?

**No**, it is only when Health Professionals have successfully completed additional training and have registered their prescribing qualification with their Governing Body and their employing Organisation that they can prescribe.

**These are a list of Health Professionals who can prescribe after completing a Non-medical Prescribing course:**

- Nurse, Midwife, registered with the Nursing and Midwifery Council
- Pharmacist registered with the General Pharmaceutical Society
- Physiotherapist, Podiatrist (Chiropodist), Advanced Paramedic, Dietitian, Therapeutic Radiographer registered with the Health and Care Professions Council
- Optometrists registered with the General Optical Council

## What can my Non-medical Prescriber prescribe for me?

**Your NMP:**

- will only prescribe medicines for you that are within their specialist area of practice and there are some restrictions on what medicines can be prescribed
- will work at all times within their clinical competencies and will always adhere to their Code of Conduct
- is professionally accountable and clinically responsible for their prescribing practice

## Why isn't my Doctor prescribing my medicines?

It is not always necessary for you to see your Doctor, as your Doctor may not need to prescribe your medicines. Your NMP has specialist knowledge about your individual condition and therefore, is often the most appropriate person to prescribe for you

## Can I still see my Doctor?

**Yes**, if you wish, you can still see your Doctor. Discuss this with your NMP and it can be arranged (although this might not be arranged immediately). If your NMP has any concerns about your condition or your medicines, they will speak to your Doctor and may ask/arrange for you to be seen.

## What can I do if I am not happy with the decisions made?

**Please:**

- discuss any concerns that you might have with your NMP, as an open and honest approach is the only way we can maintain and/or improve the quality of our service
- ask to see our 'make a comment, complaint, compliment' leaflet<sup>®</sup>, so you can raise your concerns

If you have any comments about this leaflet or the service you have received you can discuss this:

with your NMP  
or please ask to see their Line Manager

[www.cht.nhs.uk](http://www.cht.nhs.uk)

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਰ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسری اور فارمیٹ طرزبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"