

# Contraception advice after Sugammadex

**This leaflet provides contraception advice for patients who have been given Sugammadex after surgery**

## Why have I been given this leaflet?

As part of an anaesthetic, we commonly administer drugs to relax your muscles and then drugs to reverse this effect before you wake up at the end of your operation. One of these "reversal" drugs you have been given today is called Sugammadex. It has a unique interaction with the hormone progesterone.

The drug Sugammadex may reduce the effectiveness of all hormone contraceptives and may temporarily increase the risk of pregnancy.

## What should I do next?

If you are taking the oral contraceptive pill (mini pill or combined pill) please follow the instructions for a missed dose in the package leaflet of your medication.

If you are using any other form of hormonal contraception ('Depo' injection, implant, patches, rings, intra-uterine coil), please use an additional barrier contraceptive as a backup method for the next 7 days.

**\*\*Do not stop your hormonal contraception during these 7 days.\*\***

### Summary

An anaesthetic drug you were given today can interfere with all hormonal contraceptives and increase the risk of pregnancy.

If you are taking "the pill" (mini pill or combined), even if you took it this morning, you need to follow the missed dose advice in the package leaflet.

If you have a hormonal 'Depo' injection, implant, patch, ring or coil, you will need to use a barrier contraceptive, such as condoms, for the next 7 days.

**If you have any comments about this leaflet or the service you have received you can contact :**

Department of Anaesthesia

Telephone No: 01484 347232

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

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برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

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