

# Lung Cancer Nurse Specialists and the Multi-disciplinary Team

## The Role of the Lung Cancer Specialist Nurse

The Lung Cancer Specialist Nurse, also known as your keyworker is an experienced nurse with specialist training in supporting and caring for people being investigated for or diagnosed with lung cancer. They can provide information and offer emotional support during your investigations, diagnosis, treatments and symptom management. They will facilitate the co-ordination of your care so that you receive the help you need from the right service at the right time and provide opportunities to discuss in confidence any concerns you or your carer may have.

## **Key Worker**

Your key worker is the main point of contact for information, advice and support. We also communicate with other healthcare professionals involved with your care, informing them of any relevant changes. Your key worker may change throughout your care pathway, depending on your individual circumstances. If at any point during your care we feel that your GP, District Nurse or Local Community Team member is more appropriate to be your key worker then we will discuss this with you.

| Your key worker is  |
|---|
| (Please note your key-worker is not an emergency contact number)                          |
| Contact Details for the Lung Cancer Specialist Nurses, Monday to Friday, 8.30am - 5.30pm: |
| Mobile for calls and text messages: 07766775512<br>Answerphone only: 01484 355778         |
| Email: cah-tr LungNurses@nhs net  |

Please leave a message if we are unable to answer the phone and we will get back to you as soon as possible. Please do not leave urgent messages as we may not be able to respond on the same day.

Evenings and Weekends – for urgent advice, please contact your GP/GP out of hour's service.

If you are currently receiving treatment phone the oncology helpline on 01422 222999



# How your investigations and treatment for lung cancer is planned

You will be introduced to a Respiratory Consultant who is a specialist in lung cancer. You will also be introduced to one of the Lung Cancer Nurse Specialists (your key worker).

The Respiratory Consultant will ask you questions about your general health and any previous medical problems you have had and will explain why we are suspecting you have lung cancer and what will happen next. They will organise all tests and investigations required for diagnosis.

All patients who are suspected or diagnosed with lung cancer are discussed, in confidence in a **multidisciplinary team meeting (MDT)** to establish an agreed plan of investigation or treatment options specific to individual needs.

The agreed investigation or treatment plan from the MDT meeting will be discussed with you. Before we start any investigation or treatment we will always ask for your permission (consent).

It is very important that you understand the information that is given to you and we will always answer your questions as honestly and as clearly as possible.

If there is anything you do not understand about the information we have given you then please ask the Doctor or the Lung Cancer Specialist Nurses.

Sometimes – your tests or treatment will involve you attending another hospital. If you need radiotherapy or surgery, that treatment is only available at St James Hospital Leeds. There is hospital transport available if you are unable to get there yourself.

# Multidisciplinary Team (MDT) for lung cancer

The multidisciplinary team (MDT) is a well-established group of experts with a specialist interest in the diagnosis, treatment and management of people with lung cancer. The MDT meeting for lung cancer is held once a week on a Tuesday morning.

#### **Members of the MDT**

#### **Respiratory / Chest Physician**

For many patients it is the chest doctor who will make the diagnosis of lung cancer. They will discuss your case in the MDT to ensure we are offering the best investigation and treatment plan. They also perform some of the biopsy tests needed to diagnose the cancer.

#### **Lung Cancer Specialist Nurses**

The Lung Cancer Specialist Nurses will be your key contact throughout your cancer journey. They can inform you of the outcome of what is discussed in the MDT meeting.

#### **MDT Co-ordinator**

The MDT Co-ordinator will ensure the smooth running and efficiency of the meeting, they will organize all results ready for the meeting and can chase appointments and investigations to ensure they are arranged as quickly as possible.

#### **Thoracic Surgeon**

This is a doctor who is specially trained to perform surgical procedures to biopsy or remove the cancer. These Surgeons are based in Leeds.

#### **Radiologist**

This doctor is an expert in x-rays and scans. They also perform some specialist biopsy tests.

Leaflet No: smac0003j v3 review date 7/26 page 2 of 4

#### **Pathologist**

This doctor is an expert in looking at cancer cells under the microscope and details how they are behaving for the MDT to make a decision regarding your treatment plans.

#### **Medical Oncologist**

This doctor is an expert in deciding which drug treatment will be most effective for your type of cancer, for example chemotherapy.

#### **Clinical Oncologist**

This doctor is an expert in giving specific x-ray treatment known as Radiotherapy. Radiotherapy treatment is given in Leeds. The Doctor will see you in a clinic in Huddersfield Infirmary.

#### **Specialist Palliative Care Team**

The Specialist Palliative Care Team provides expertise in the treatment and management of difficult symptoms that may be related to your lung cancer. They are based in the hospital and in the community.

#### **Other Specialists**

Depending on your treatment plan, you may meet other professionals and specialists needed in your care. These can include, Thoracic Nurse Specialists, Clinical Trial Nurses, Benefit Advisors, extended counselling and other Macmillan Nurses who work with the Lung Cancer Specialist Nurse if you are in need of further specialist care.

#### **Macmillan Information Centre**

When you are affected by cancer, having the right kind of information at the right time is essential.

#### If you have concerns about:

- Finances
- Need emotional support
- Feel that family members need support
- Or have any practical issues at home

The Jayne Garforth Cancer Information Centre in the Macmillan Unit at Calderdale Royal Hospital and The Cancer Information Resource Room within the Greenlea Unit at Huddersfield Royal Infirmary provide a confidential, drop-in service for anyone affected by cancer.

We also offer referral to other support services, signposting to self help and support groups and links within your local community.

#### For more information please contact:

Macmillan Information Manager

Macmillan Unit Calderdale Royal Infirmary – 01422 222709

Greenlea Unit Huddersfield Royal Infirmary – 01484 343614

Mobile – 07554415564

Leaflet No: smac0003j v3 review date 7/26 page 3 of 4

# If you have any comments about this leaflet or the service you have received you can contact:

Maria Hill Lead Lung Cancer Specialist Nurse Telephone No: 07766 775512

www.cht.nhs.uk

# If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਚਾ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو سے معلومات کسی اور فارم کے طازبان می در کار ہوں، تو برائے مہربازی مندرجہ بالا شعبے می ہم سے رابطہ کری.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

