Ophthalmology

Cyclopentolate Eye Drops for use at home

You have been given cyclopentolate eye drops to instill into your child's eyes so that your Doctor or Optometrist can examine your child's eyes and check if they need glasses, or a change to the glasses they currently wear.

The eye drops temporarily dilate (widen) the pupils and stop the eyes from changing focus.

The drops come in a small, single-use plastic bottle called a minim.

Storing the drops

- store the drops safely out of the reach of children.
- store the drops at a temperature less than 25°C (room temperature), in a dry place away from strong light.
- do not place the drops near food or drink.

You will need to put one drop from the minim into each of your child's eyes, one hour before the appointment. Do not give your child cyclopentolate eye drops if they have a fever.

How to use the drops

1. Wash your hands.
2. Ask your child to lie down, or to sit on another adult's lap with their head tilted back onto the adult's arm.
3. Shake the minim bottle and take the cap off.
4. Gently open the eyelids of the first eye, and put one drop in the centre of the inside of the lower eyelid. Do not let the bottle touch the eye.

compassionate care

5. If it is difficult to open the eye, you can leave the lids closed and place the drop where the upper and lower eyelids meet in the centre of the eye. Keep your child lying down. When they open their eye, the drop should trickle into the eye.

6. Close the eye and gently press your finger against the inner corner of the eye for at least one minute. This blocks the duct that runs from the eye into the nose and helps to keep the drop in the eye.

7. Wipe away any excess liquid from your child's face with a clean tissue.

8. Repeat steps 4 to 7 for the other eye.

9. If after 10 minutes, the pupils remain undilated, a further single drop can be instilled.

10. Throw the minim away, even if you haven't used all the drops in it. Dispose of it in an outside rubbish bin, so that children cannot get hold of it. Do not throw the drops in the rubbish bin in the house or flush them down the toilet.

11. Wash your hands again.

Please note that cyclopentolate must not be swallowed. Make sure that you only use the eye drops as prescribed and keep them out of the reach of children.

Common side effects include:

- a stinging sensation when the drops are put in (this usually wears off after a couple of minutes).
- blurred vision (especially for close work, such as reading).
- a sensitivity to bright light while the pupils are large (wearing a hat or sunglasses may help).

Rare side effects include:

- hot flushes for the first hour after the drops are put in
- a rapid heartbeat
- a dry mouth
- a high temperature
- difficulty passing urine (weeing)

Contact us

If you have any concerns about your child before you arrive at the eye clinic or after leaving the eye clinic.

Please contact the orthoptic department or eye casualty using the telephone numbers below.

Orthoptic department - 01484 343237 / 01422 222218

Eye casualty - 01484 355085

If you have any comments about this leaflet or the service you have received you can contact :

The Orthoptic department

Telephone: 01484 343237 / 01422 222218

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਬਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਬਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"