# Clinical Nurse Specialists and the Multi-Disciplinary Team Cancer of the Unknown Primary (CUP) Nurse

A clinical nurse specialist in cancer of the unknown primary (CUP) is a trained registered nurse who has undertaken extra specialist education in the care of patients who have a suspected malignancy. The CUP nurse can also be known as your **Key Worker**.

# The Role of the Cancer of the Unknown Primary (CUP) Nurse

The CUP nurse provides support and counselling to people who are undergoing investigations for a suspected cancer. This is achieved by being present from initial presentation and maintaining support by the provision of treatment information, counselling and acting as the patients advocate throughout all treatment planning until a confirmed diagnosis is made. Once we have a clear diagnosis your care may be transferred to a more appropriate specialist nurse team. You can contact your CUP nurse whatever your problem or worry maybe. They will give you their card and contact details with your information pack. There are five CUP nurses within the hospital:

Fatima Tasneem, Tina Akesson, Karen Peterson, Cassie Martin, Nicola Chessman and Rebecca Priestley (Co-ordinator) can be contacted on the numbers below or through the hospital switchboards.

Calderdale Royal Hospital: 01422 357171 Huddersfield Royal Infirmary: 01484 342000

# Patients can be referred in for investigations via the following routes:

- General practitioners
- Self referrals
- Other consultants
- Physiotherapists
- Other Trusts
- Private sector

- Out patient department staff
- Other professionals
- Families/carers
- Hospices
- Statutory voluntary services
- National health screening programme

# People who are involved in your care

Every speciality needs a team of experts to offer the best treatment available. This is called a Multidisciplinary Team (MDT). The team is made up of people who are experts in cancer in different ways. There are people who can understand what cancer cells look like and how they behave and other experts who know how drug combinations work to get the best effect for the individual.

There are many people in the team looking after you as an individual.

# The role of the MDT

To ensure that you are the one to benefit – your MDT meets once a week. This is on a Friday afternoon. Your CT scan, biopsy results and any other investigations you may have had will be discussed and a treatment plan is developed for you. If you have other scans or problems any time throughout your follow up these will also be bought to the Friday meeting by one of the professional in your team in order to discuss and make a plan of action with the whole team.

### **Members of the MDT**

#### **Medical Oncologists**

These doctors are experts in deciding which drugs will be most effective for your type of cancer and help with the treatment planning to reduce the risk of the cancer coming back or to help control it if it does come back.

The medical oncologists in our team are: Dr. Nick Brown and Dr. Jo Dent

#### **Palliative Care Specialists**

These are specialist doctors and nurses who are skilled in control and treatment of your cancer if it comes back. They work together with your CUP team and can also help with social and psychological wellbeing.

The palliative care consultant and nurse in our team are: Dr. Steve Oxbury and Gemma Gordon

#### Radiologist

This doctor is an expert in x rays and scans. The doctor in this team is: Dr. Ashishkumar Ihare

#### Pathologist

This doctor is an expert in looking at cancer cells under the microscope and details how they are behaving for the MDT to make a decision regarding your treatment plans. The doctor in our team is: Minu Syamala

#### **Other Specialists**

Sometimes – your treatment may involve you meeting other specialist not listed above or attending another hospital. If you are unsure of any appointment or consultation please ask you CUP nurse to explain who they are. If you need chemotherapy – that can be given at your nearest hospital. If you need radiotherapy, that treatment is only available at St James Hospital Leeds. There is always transport available to this hospital.

If you have any questions or do not understand anything you have heard or been told, please contact :

#### **Calderdale and Huddersfield Team**

#### How to contact the Cancer of the Unknown Primary Team

Fatima Tasneem - Lead Acute Oncology CUP Nurse - 07500 608 907

CUP Nurses Team Number - 07881 502 302

Team email address: theacuteoncologyteam@cht.nhs.uk

# **Macmillan Information Centre**

When you are affected by cancer, having the right kind of information at the right time is essential.

#### If you have concerns about:

- Finances
- Need emotional support
- Feel that family members need support
- Or have any practical issues at home

The Jayne Garforth Cancer Information Centre in the Macmillan unit at Calderdale Royal Hospital and The Cancer Information Resource Room within the Greenlea Unit at Huddersfield Royal infirmary provide a confidential, drop-in service for anyone affected by cancer.

We also offer referral to other support services, signposting to self help and support groups and links within your local Community.

#### For more information please contact:

Nicola Greaves -	Macmillan Information Manager
Mandy Davies -	Assistant Information Manager
Kate Stott -	Cancer Information Support Worker
Jadene Dawkins -	Cancer Information Support Worker
Macmillan Unit -	Calderdale Royal Hospital
Greenlea Unit -	Huddersfield Royal Infirmary
Team Mobile -	07554415564

email: Nicola.Greaves@cht.nhs.uk email: Mandy.Davies@cht.nhs.uk email: Kate.Brown2@cht.nhs.uk email: Jadene.Dawkins@cht.nhs.uk Tel: 01422 222709 Tel: 01484 343614

# If you have any comments about this leaflet or the service you have received you can contact :

The Macmillan Unit Calderdale Royal Hospital Telephone No: (01422) 222700

www.cht.nhs.uk

# If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਸ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو بھ معلومات کس واور فار من بھی بی زبان می درکار ہوں، تو برائے مہربازی مندرجہ بالا شعبے می ہم سے رابطہ کری۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

