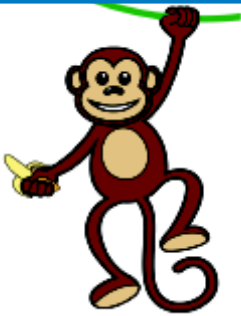


Paediatric Day Surgery Unit

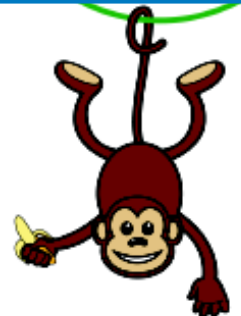
Children going home after a Myringoplasty Operation



A Myringoplasty is an operation to repair a perforated ear drum.

How long will it take my child to recover?

It will probably take around 5 to 7 days for your child to fully recover from the operation. It will be necessary to keep your child away from school and nursery for at least one week.



Your child should:

- Rest today and gradually increase their activities as they seem able.
- Renew the cotton wool plug in your child's ear whenever necessary ... but do not attempt to remove any dressing from the ear canal ... if this appears to be insecure and/or falling out, snip any excess off with a clean pair of scissors - never force it back into the ear canal.
- Keep their ear dry for 2 weeks - this includes the sutures behind the ear, which may be dissolvable or to be removed.
- Avoid smoky atmospheres and people with coughs and colds.
- Avoid swimming altogether until told otherwise (Approximately 6 weeks).
- Avoid any activity which involves sudden changes in air pressure e.g. flying, until the Doctor has said it is safe to do so.
- Do not let your child blow their nose hard over the next 2 weeks as this could displace the ear drum.

Will my child need any medication?

If your child has any pain or discomfort, give Paracetamol. Follow the instructions on the bottle or pack. The nurses will advise you when and how often to give the pain relief. If the pain does not go away, seek medical advice.

Will my child need a follow-up appointment?

Your child will be given an out-patients appointment before going home, or one will be sent in the post. Your child will usually see the doctor in 2-3 weeks.

Remember:

If you have any problems over the weekend or require some advice, contact:

Children's Ward 3
Calderdale Royal Hospital
Tel:(01422) 223277

After this please contact your family doctor.

If you have any comments about this leaflet or the service you have received you can contact :

Ward 3
Calderdale Royal Infirmary
Tel:01422 223277

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"