

Post-Procedure Trans Rectal Prostate Biopsies

What should I do after my prostate biopsy?

We recommend you rest for the rest of the day and drink plenty of water (3 litres/5 pints in 24 hours). You can return to non-physical work the next day. We recommend no physical work or exercise for 24 hours post procedure.

Please refrain from drinking alcohol for the next 48 hours due to the antibiotics you have just had before your biopsy, as combined with alcohol can make you unwell.

When will I get my results?

You will be either sent a follow up appointment by the urologist you are under for a face-to-face consultation or a phone appointment, to discuss your results. We suggest if you have not heard anything within 2 weeks, you phone the urology secretaries.

Expected side effects

- Almost all patients will experience a small amount of blood in their urine, this may look pink in colour. If this does not stop after a couple of weeks, please speak to your GP, or your urology consultant.
- Almost all patients will experience blood in their semen for up to 6 weeks.
- You may see a few drops of blood on a bowel movement, if this does not stop after a couple of weeks, please speak to your GP, or your urology consultant.
- You may feel bruised and some discomfort, which we advise you to take paracetamol.

Unexpected side effects

In the next 5 days:

- If you feel unwell, flu like
- Have a raised temperature higher than 38 degrees
- Have uncontrolled shakes and shivers
- Have sweats
- Experience persistent bleeding in your urine or from your back passage
- or you are unable to pass urine for more than 8-hour period

Please attend your local Emergency Department and bring this leaflet with you

Huddersfield Royal Infirmary
Acre Street, Lindley
Huddersfield HD3 3EA

Calderdale Royal Hospital
Salterhebble
Halifax HX3 0PW

If you have any other queries relating to your procedure, please contact your Urology Consultant.

If you have any comments about this leaflet or the service you have received you can contact :

Clare Andrews
Radiology Lead Nurse
Telephone: 01484 342500

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"