

Paediatric Day Surgery Unit

Children going home after a Preputial Stretch



How long will it take my child to recover?

It will probably take your child 2 - 3 days to recover from the operation and 4 - 5 days for the skin to heal. It will be necessary to keep your child away from school and nursery during this time. When your child returns to school or nursery, they should not go swimming, do P.E., contact sports or any rough play for another week.



What should I do to help my child recover?

- You or your child need to retract and then return the foreskin once a day, starting the following day, until the area is healed.
- Your child should rest today and gradually increase their activities as they seem able.
- Encourage your child to have lots of drinks as this will help your child to pass urine.
- Check if your child finds it difficult to pass urine. This may be because of worry or pain. A warm bath can help with pain relief.
- You can relieve the pain with Paracetamol and / or Ibuprofen. Make sure that you follow the instructions on the bottle or pack. A nurse will advise you on when and how often to give the medication.
- Keep the wound dry the day of the surgery.
- Give your child two baths every day to keep the wound area clean. Baths to start the day after surgery.
- Try to stop your child from touching the wound area. Don't worry about swelling and crusting of the wound. This is normal.
- It is better for your child to wear loose or no clothes.

Is there anything to watch out for?

Some oozing around the operation area is common. However, if there is persistent bleeding or if the oozing becomes thick, green or yellow, you should get medical advice.

Will my child need a follow-up appointment?

Your child may or may not need a follow up appointment depending on your consultant. This will be made before your child goes home or will be sent in the post.

Paediatric Outreach

Your child (if in HD or HX postcode) has been referred to the Children's Community team so if there are any problems with the wound or area around it within the 1st week, contact them on 01484 342872

Remember:

If you have any problems over the weekend or require some advice, contact:

Ward 3
Calderdale Royal Hospital
Tel: 01422) 223277

After this please contact your family doctor.

If you have any comments about this leaflet or the service you have received you can contact :

Sister on
Ward 3
Calderdale Royal Hospital
Telephone No: 01422 223277

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਰ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"