

## Paediatric Day Surgery Unit

# Children going home after a Hernia or Hydrocele Repair



### How long will it take my child to recover?

- It may take your child up to a week to recover fully from their operation.
- During this time your child should stay away from school or nursery.
- Make sure your child has things to do but allow for periods of rest.
- On return to school, let the school know that your child should not do P.E. or join in rough games for three to four weeks.
- No swimming for four weeks until fully healed.



### What if my child has some pain?

If your child has discomfort give Paracetamol or Ibuprofen. Follow the instructions on the bottle or pack. A nurse will advise you when and how often to give this medication.

### What about the stitches?

- The wound from the operation has a light elastoplast dressing over it.
- The stitches are dissolvable. There may also be steristrips to the skin.
- **These need to be kept dry for 3 days**, then the steristrips can be soaked off in the bath.
- The wound does not need another dressing after bathing.
- No swimming for four weeks until fully healed.

### Will my child need a follow-up appointment?

Your child may or may not need a follow up appointment depending on your consultant. This will be made before your child goes home or will be sent in the post.

## Paediatric Outreach

Your child (if in HD or HX postcode) has been referred to the Children's Community team so if there are any problems with the wound or area around it within the 1st week, contact them on 01484 342872

### Remember:

If you have any problems over the weekend or require some advice, contact:

Ward 3  
Calderdale Royal Hospital  
Tel: 01422 223277

After this please contact your family doctor.

### If you have any comments about this leaflet or the service you have received you can contact :

Sister on  
Ward 3  
Calderdale Royal Hospital  
Tel:01422 223277  
www.cht.nhs.uk

### If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ طرزبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"