

Digoxin

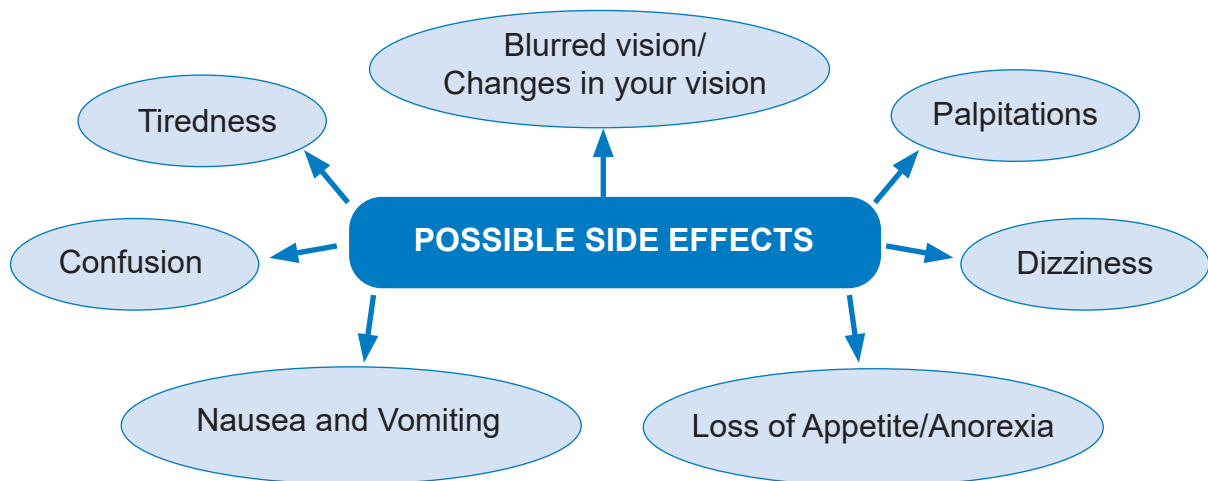
The information in this leaflet is intended for general guidance.
If your doctor has given you different advice, please follow their instructions.

What is Digoxin used for and how does it work?

Digoxin is used to control some heart problems, such as irregular heartbeats (arrhythmias) including atrial fibrillation. It can also help to manage the symptoms of heart failure, usually with other medicines. It's normally recommended when these other medicines have not been enough to control your symptoms on their own.

Digoxin works by slowing down your heart rate and making your heart beat more strongly, which makes it easier for your heart to pump blood around your body.

Digoxin is safe to take but can sometimes cause side-effects:



Talk to your doctor or pharmacist if you experience any of the listed side-effects, especially if they last for more than a few days.

IMPORTANT!

Tell your doctor/pharmacist **within 2 days** if you have **ONE** of the **KEY** symptoms of **NAUSEA, CONFUSION or BLURRED VISION/CHANGES IN VISION** or if you have 2 or more of the other possible side effects listed above – it could mean you have too much digoxin in your blood.

If you feel yourself becoming severely unwell you must seek medical advice and contact 111.

Key facts

- It can take several weeks for digoxin to start working. You will not feel better straight away but you should notice improvements after a few weeks.
- If digoxin makes you feel dizzy it's best not to drink alcohol. Wait to see how the medicine affects you.
- You can drive or ride a bike if you feel OK while taking it. Do not drive or cycle if you feel dizzy or have problems with your vision.
- You'll need regular blood tests while taking digoxin to check that your kidneys are healthy and you have the right amount of potassium, magnesium and calcium in your blood.
- If you need an operation, tell your doctor that you're taking digoxin. They'll tell you if you need to stop taking it before your treatment.

What if I miss a dose?

Try to take your digoxin at the same time each day. You can take it a little later than your usual time. If you forget completely carry on with your usual dose the next day. **DO NOT** take a double dose.

What if you take too much?

Contact 111 for advice. If you need to go to A&E, do not drive yourself. Get someone else to drive you, or call for an ambulance.

Mixing digoxin with herbal remedies or supplements

The herbal remedy St John's wort can affect how digoxin works. There's not enough information to say that other complementary medicines, herbal remedies and supplements are safe to take with digoxin. They're not tested in the same way as pharmacy and prescription medicines. They're generally not tested for the effect they have on other medicines.

Tell your doctor or pharmacist if you're taking any other medicines, including herbal remedies, vitamins or supplements.

If you have any comments about this leaflet or the service you have received you can contact :

Humah Arshid - Pharmacist
Ian Harrison - Pharmacist
Calderdale and Huddersfield NHS Trust

Telephone: 01422 355635

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

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برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

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المذكور أعلاه"