

# The Head and Neck Multi-disciplinary Team and Clinical Nurse Specialist

A clinical nurse specialist in Head and Neck cancer is a trained registered nurse who is highly experienced and knowledgeable about patients diagnosed with a head and neck cancer. The Head and Neck Nurse can also be known as your **key worker**

## The Role of the Head and Neck Nurse

You may be introduced to the Head and Neck Cancer Nurse Specialist (CNS) at Huddersfield Royal Infirmary or given a contact number.

The Head and Neck CNS is based at Huddersfield Royal Infirmary and works closely with the hospitals teams at Bradford, and Leeds, and your local community team such as your GP, District Nurses.

It is important that you and your family have as much information as you require so that you feel prepared, more in control of what is happening and able to consider over time any necessary adjustments in your life. To enable you to do this you can contact the Head and Neck CNS for specialist advice or information, as can your family or the hospital or community team involved in your care.

**Huddersfield Royal Infirmary 01484 343428**

## Who can refer?

- General practitioners
- Dentists
- Other consultants
- Other Trusts
- Private sector
- Hospices
- Other professionals

## People who are involved in your care

Every speciality needs a team of experts to offer the best treatment available. This is called a Multidisciplinary Team (MDT). The team is made up of people who are experts in cancer in different ways. There will be many specialties involved in your care and who will look after you as an individual.

## The role of the MDT

Your MDT meets once a week on a Wednesday morning. At this meeting any biopsies or scans you have had will be discussed, and a diagnosis will be confirmed. Any further tests that are required will be requested, or a treatment plan will be agreed by all members of the team. A clinic appointment will then be booked either with your Consultant or an Oncologist to discuss this treatment plan with you. This appointment will be at Bradford Royal Infirmary.

## Members of the MDT

**Maxillofacial Consultant Surgeon:** A maxillofacial surgeon is a specialist surgeon treating area of the mouth, jaws, face, skull, as well as associated structures.

The Doctor who is leading your surgical team is:

- Mr. Farhan Khalid
- Mr S Ahad
- Mr V Okseloglou

**ENT Consultant surgeon:** ENT Surgeons diagnose, manage and treat disorders of the head and neck, including the ears, nose throat, sinuses, voice box (larynx).

- Mohamed Abdalla (CHFT)
- Nilantha Imbulpitiya (CHFT)
- Mr M Rogers (Bradford Royal Infirmary)
- Mr Sood (Bradford Royal Infirmary)
- Mr Watt (Bradford Hospitals) – Plastic surgeon.

## Radiologist

Radiologists are medical doctors who specialise in diagnosing using medical imaging techniques, such as x-rays, computed tomography (CT), magnetic resonance imaging (MRI), nuclear medicine, positron emission tomography (PET) and ultrasound.

## Consultant Histopathologist

This is an expert at looking at cancer cells under the microscope, they are able to inform the MDT what type the cancer it is and how it is behaving, this helps make a decision on your treatment plan.

## Oncologists

You will be seen by an Oncologist if you are to be considered for chemotherapy or radiotherapy.

- Dr Kate Cardale
- Dr Chandran Nallathambi

## Other specialists

Depending on your treatment plan, you may meet other professionals involved in your care. This may include a restorative dentist, speech therapist, dietitians, physiotherapists, lymphodema nurses, cancer care coordinator, counselling services and palliative care nurses.

Your treatment is likely to involve you attending another hospital - if you need chemotherapy or radiotherapy; this treatment is only available at St James University Hospital. Surgery is normally carried out at Bradford Royal Infirmary; occasionally you may be required to go to Leeds General. Transport is available to these hospitals if required.

## **Calderdale and Huddersfield Team: 01484 343428**

Andrew Mason	Clinical Nurse Specialist
Antonia McNeil	Clinical Nurse Specialist
Zoe Robshaw	Clinical Nurse Specialist
Sarah Topen	Specialist Dietitian
Jane Thompson	Specialist Speech and Language Therapist
Grace Gilroy	Specialist Speech and Language Therapist
Annette Wilson	Cancer Care Co-ordinator: 01484 343428

### **Other useful contacts:**

#### **Macmillan Cancer Information Manager**

Provides a confidential drop in service for anyone affected by cancer.

Telephone: 01484 343614

#### **Cancer Laryngectomy Trust**

Telephone: 01422 205522

Website: [www.cancerlt.org](http://www.cancerlt.org)

Email: [info@cancerlt.org](mailto:info@cancerlt.org)

#### **Cancer Research UK**

Telephone: 0300 123 1022

Information Nurses: 0808 800 4040

Website: [www.cancerresearchuk.org](http://www.cancerresearchuk.org)

#### **Changing Faces**

Telephone: 0345 450 0275

Website: [www.changingfaces.org.uk](http://www.changingfaces.org.uk)

#### **Oral Cancer**

Website: [www.mouthcancer.org](http://www.mouthcancer.org)

#### **Let's Face It**

Telephone: 01843 833724

Website: [www.lets-face-it.org.uk](http://www.lets-face-it.org.uk)

#### **Macmillan Cancer Support**

Telephone: 0808 808 0000

Financial Guidance: 0808 808 2232

Website: [www.macmillan.org.uk](http://www.macmillan.org.uk)

**If you have any comments about this leaflet or the service you have received you can contact :**

Head and Neck Cancer Team  
Maxfax Department  
Huddersfield Royal Infirmary  
Acre Street, Lindley  
Huddersfield  
HD3 3EA  
Telephone No: (01484) 343428

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"