

Speech and Language Therapy

Visual Timetable

What is visual timetable?

Visual timetable uses symbols or pictures to support children to understand their daily routine. e.g., what is happening and what happens next. Visual timetable can support children with understand the structure of their day, anticipate what is next whilst also providing a visual prompt if there has been a change to their typical routine. Visual timetables can be used in **all** environments the child accesses.

How do visual timetable help?

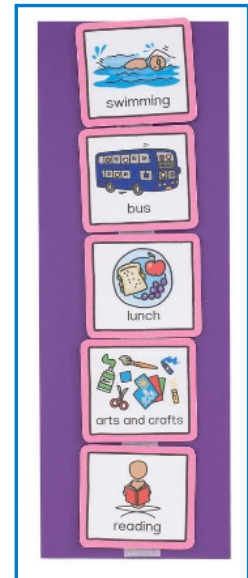
- It helps children who have language difficulty to visualise their routines and changes in their routines.
- It can help children to understand changes in routines due to limited understanding of spoken words or require extra preparation/warning time.
- Children who follows their own agenda also requires helps to manage following routine that may contain changes.
- It helps children to see their daily activity plan for a period of time e.g., morning or whole day.



How to use the visual timetable?

Resources needed: The activity requires a range of symbols or pictures related to the child's routine along with visual timetable strip.

1. Place the visual timetable on somewhere the child can see. e.g., the wall next or in front of the child.
2. Place the relevant picture/ symbol on the visual timetable to give an overview of what is going to happen on that particular day.
3. Introduce the timetable to child when they arrived in class.
4. When you inform the child their routine, use the visual alongside your spoken language.
You can use a 'Oops' card to inform the child of any changes.
5. When the child finish with an activity, take the visual off the visual timetable and place it in a finished box.
6. Keep going back to the timetable throughout the day e.g., when you start an activity or when you finished a activity.



Tips for using visual timetables:

- ✓ Be consistent!
- ✓ Ensure the child is able to access the visual timetable at all times.
- ✓ The child may not understand all the pictures at the initial stage, but consistent use and modelling of the visual timetable can support understanding of the routine.
- ✓ Continue with the visual timetable even when you think the child is coping well with changes.
- ✓ It needs to be part of the daily routine.
- ✓ Visual timetable not only helps children to cope with changes in their daily routine. It can also help them with their understanding of the routine.

Resources

See below recommend resources and website to support you with getting started with visual timetable. You can also ask the child's therapist for 'visual timetable' started pack.

- **Twinkl:** [Classroom Timetable Templates & Cards | Visual Timetables](#)
- **Council for Disable Children:** [Visual Timetables Resource.I CAN.FINAL.pdf](#)
- **Tes:** [Visual timetables for all ages | Tes](#)
- **Mencap Leeds(example of visual timetable):** [Example Simple visual timetable AM - Leeds Mencap](#)
- **Hertfordshire university partnership:** [Visual Timetable](#)

If you have any comments about this leaflet or the service you have received you can contact :

Children's Therapy Services
Speech and Language Therapy
Princess Royal Community Health Centre

Telephone: 01484 344299

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

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برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

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المذكور أعلاه"