

Children's Therapy Service

Transition for Young Adults in Huddersfield

What happens when I'm too old for Children's Therapy Services?

In Children's Therapy Services we can assess and treat children whilst the child is of an age to attend school. We often start talking about transition to Adult Services from the age of 14 years so that you know what to expect.

Children's Therapy Services aim to facilitate a smooth transition into Adult Services and liaise with them as appropriate. If the child is continuing into further education, we may carry out a transition visit in the Autumn term.

Transition is the ideal time to encourage young adults to become more independent and proactive with their therapy needs if they can. We are keen to promote self-management and encourage young adults to take responsibility for their own equipment, orthotics and exercises. We also encourage a healthy lifestyle by accessing hobbies and sports.

This leaflet contains the necessary information on relevant services and contact details.

Appliances and Orthotics

Contact Telephone: 01484 342402

Wheelchair Services

Calderdale and Kirklees Wheelchair Services

Unit G7,
Lowfields Business Park,
Navigation Close,
Elland HX5 9HB

Telephone: 01422 312729

Equipment

If you have any concerns regarding your home equipment, please contact:

Medequip on 01484 728970

Physiotherapy and Occupational Therapy in Adult Services

As young people get older, growth slows, and this means that they do not require therapy assessment as regularly. As a result of this, adult therapy services work very differently to Children's Therapy, and they do not routinely see young adults. Instead, they can offer assessment and short-term blocks for an acute problem or functional need.

As young adults there are two options to access therapy services depending upon your needs. If, at the point of transition you have ongoing therapy needs, your therapist in Children's Therapy Services will refer on to the appropriate team. If you do not have any significant ongoing therapy needs at the time of transition, and all your equipment is in place, we will not refer. You can access the relevant services in the future when they required.

If the young person has a learning disability and requires therapy input, you should contact:-

Kirklees Adult Learning Disability Health Service

Telephone: 01924 316714

Kirklees.Id.duty@swyt.nhs.uk

If the young person has a physical disability and requires therapy input, you should contact:-

Local Adult Community Therapy

Through the single point of contact number 0300 304 5555 and request to make a referral to the adult community therapy team.

Sports

Here are some contacts to find out more information about disability sports in our area:-

Yorkshire Sport Foundation

www.yorkshiresport.org

Visit the 'What we do' section and 'Disability Sports' to find out more

Telephone: 0330 2020 280

Email: info@yorkshiresport.org

Kirklees Inclusive Sports Project

A Kirklees sports directory for disabled people

<https://disabilitysportyorkshire.org/kirklees-inclusive-sports-project-2>

If you have any comments about this leaflet or the service you have received you can contact :

Children's Therapy
Princess Royal Health Centre
Greenhead Road
Huddersfield
HD1 4EW

Telephone: 01484 344299

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce,
obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych
informacji w innym formacie lub wersji językowej,
prosimy skontaktować się z nami, korzystając z ww.
danych kontaktowych

اگر آپ کو یہ معلومات کریں اور فارمیٹ ٹیزبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

اگر آپ کو یہ معلومات کریں اور فارمیٹ ٹیزبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

**"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"**