

Patient Initiated Follow Up Community Rehabilitation Team

Information Sheet

What is Patient Initiated Follow Up?

Patient Initiated Follow up, also known as **PIFU** allows you to contact the Community Rehabilitation Team when you feel you need to get help with your condition or if you have a flare up of symptoms.

This means rather than having **prearranged** or **regularly scheduled** appointments you can access help when you need it the most.

How Does It Work?

When you are put on to a PIFU pathway, you will be advised by the therapist seeing you that this pathway is suitable for you. Together, you will discuss how to access the service when you need it and a care plan will be created to help you to manage your condition and health whilst you are not receiving active input from the Community Rehabilitation Team. This care plan will also list the triggers for getting back in contact with the service for a follow up.

When you feel you need a review due to changes in your health or condition, or when a trigger on your care plan happens, you can self refer to the Community Rehabilitation Team. Your care plan will explain how to do this.

Once we have received a referral from you, a therapist will contact you within one week to discuss your needs and the best course of action.

When you should NOT use PIFU

If you require urgent medical attention, you should contact your GP, NHS 111 or attend A&E if you are really unwell. For medical problems that are not related to your personalised care plan, your GP remains your first point of contact.

If you have any comments about this leaflet or the service you have received you can contact :

Telephone: 01484 343818

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"