

# Clinical Nurse Specialist and the Multi-disciplinary Team

## Urology Specialist Nurse

A Clinical Nurse Specialist in urology (Urology Specialist Nurse) is a trained Registered Nurse who has extensive experience in urology and has undertaken extra specialist education in the care of patients with a urological cancer. The Urology Specialist Nurse can also be known as your keyworker.

### The Role of the Urology Nurse Specialist/key Worker

The key worker is the point of contact between the hospital and the patient to provide support, advice and onward referral, they are the link between patient and professionals. The keyworker is a single named person allocated to each individual patient with a new cancer diagnosis, they are present from initial diagnosis and maintain support by the provision of treatment information, counselling and acting as the patient's advocate throughout their journey. They are not only there for the patient but can also signpost relatives to national information, support services, self help groups and associated urology specific support.

You can contact your urology nurse whatever the problem maybe. She will give you her card and contact details with the information pack. If you cannot locate your urology nurse, there are four nurses in our trust and any of them can give you advice.

Huddersfield Royal Infirmary      01484 355269

The CNS may change as the patient passes through various stage of their cancer pathway or when care is transferred to a different hospital trust.

### People who are involved in your care

When you are in treatment for something as serious as cancer you don't just see one doctor, you are cared for by an entire multi disciplinary team (MDT), a group of specialist doctors and healthcare professionals all with urology expertise. This team decide the appropriate plan of action by reviewing case notes, test results, diagnostic imaging ect. There are many people in the team looking after you as an individual.

### The Role of the MDT

To ensure that you are the one to benefit your MDT meets once a week. This takes place every Wednesday. All your investigations and results are discussed and appropriate plan of action will be developed and discussed with you.

## Members of MDT

- **Consultant Urologist**  
This is a doctor who is specially trained to deal with the treatment of urological cancers
- **Urology Nurse Specialist/Keyworker**  
The role of the keyworker was assigned to the urology specialist nurse so that a single named person is allocated to each individual patient with a new cancer diagnosis.
- **Radiologist**  
This doctor is an expert in x-rays and scans
- **Pathologist**  
This doctor is an expert in looking at cancer cells under the microscope and details how they are behaving for the MDT to make a decision regarding your treatment.
- **Medical Oncologist**  
These doctors are experts in deciding which drugs will be most effective for your type of cancer and help with the treatment planning to reduce the risk of the cancer coming back or to help control it if it does come back.
- **Other Specialists**  
Depending on your treatment plan, you may meet other professional and specialists needed in your care. These can include Radiographers, benefits advice, extended counselling and other Macmillan Nurses who “dove tail” with your urology nurse if you are needing further specialist care or if your cancer has come back.

### The Consultant Urologists in our team are:

Mr Nicolas Bryan

Mr Karol Rogawski

Mr Ali Mustaffa

If you require surgery or radiotherapy this will involve you attending another hospital, if you need surgery this takes place in Bradford Royal Infirmary and if you need radiotherapy that treatment is only available at St James Hospital Leeds. There is always transport available to these hospitals.

### If you have any questions or do not understand anything you have heard or been told, please contact your named Urology Specialist Nurse.

Miriam Slade      01484 355269  
Ann-Marie Keen    01484 355269

Shawna Doyle      01484 355269  
Katy Pearson      01484 355269

## Macmillan Information Centre

When you are affected by cancer, having the right kind of information at the right time is essential.

### If you have concerns about:

- Finances
- Need emotional support
- Feel that family members need support
- Or have any practical issues at home

The Macmillan Information Centre in the Macmillan unit at Calderdale Royal Hospital and The Cancer Information Resource Room within the Greenlea Unit at Huddersfield Royal infirmary provide a confidential, drop-in service for anyone affected by cancer.

We also offer referral to other support services, signposting to self help and support groups and links within your local Community.

## For more information please contact:

Macmillan Unit Calderdale Royal Infirmary – 01422 222709

Greenlea Unit Huddersfield Royal Infirmary – 01484 343614

Mobile – 07554415564

E-mail: [cancerinformationand support@cht.nhs.uk](mailto:cancerinformationand support@cht.nhs.uk)

## If you have any comments about this leaflet or the service you have received you can contact :

Urology Specialist Nurses

Huddersfield Royal Infirmary  
Telephone No: 01484 355269

[www.cht.nhs.uk](http://www.cht.nhs.uk)

## If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਵੇਰ ਪ੍ਰਾਚੁਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسری اور فارمیٹ طرزبان می درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے می ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"