

Speech and Language Therapy

DLD and Me Group

What is it?

DLD and Me is a programme designed to support children and young people with a diagnosis of **Developmental Language Disorder (DLD)**. It talks about **identity, communication** and language, **support** strategies, and **self-advocacy**.

How is it run?

This is a small **group** intervention for children and young people who are **9+**. Your child will be invited to a group with peers of a similar age if possible.

This intervention consists of **four clinic** sessions, led by a Speech and Language Therapist, and a SALT assistant.

There are also some supporting homework sheets to complete between sessions.

Why will it help?

Your child has been diagnosed with Developmental Language Disorder (DLD).

This intervention encourages children and young people to explore their DLD diagnosis, how it relates to their own identity, and how they can access support as and when they need it.

This also gives the young people an opportunity to meet peers with the same diagnosis and discuss shared experiences.

We encourage you to attend all sessions to ensure your child has access to the full benefits of the intervention.

What do I do next?

Following the intervention, your child will either be handed back to their named therapist or discharged as appropriate.

To continue to generalise the skills worked on in these sessions, you should:

- Complete the homework sheets given in the sessions with the child
- Share the information with other adults supporting the child/young person e.g., school staff.
- Access additional learning around DLD

<https://radld.org/>

<https://www.dldandme.co.uk/>

Who do I contact?

You can contact our administration team with any queries, and they will be able to pass messages on to the appropriate staff member(s).

Huddersfield - 01484 344299

Halifax - 01422 261340

If you have any comments about this leaflet or the service you have received you can contact :

Children's Therapy Services Admin

cah-tr.childrenstherapy@nhs.net

Telephone: 01484 344299 / 01422 261340

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਰ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"