

Speech and Language Therapy

Building Early Sentences Therapy

What is it?

Building Early Sentences Therapy (BEST) is an **early language** group which supports children to **understand** and **produce** sentences. The programme focuses on 'learning through **listening**', using multiple **repetitions** with adult and peer modelling, as well as **visual** supports - using toys and signing.

How is it run?

This is a **small group** intervention, typically with up to 6 children per group, run by a speech and language therapist supporting two therapy assistants.

The children invited to this group are between the ages of **3-6** years old.

Each child is invited to **8 clinic sessions** initially with a potential further 4 sessions after the reassessment point.

Why will it help?

The children targeted by this therapy group may only be using single words or 2-3 word phrases. They may also have a limited vocabulary or difficulty understanding spoken language. This intervention aims to support your child to produce simple sentences although there is no expectation for them to do this until they are ready. Developing a child's early vocabulary and sentence structures can encourage other areas of a child's speech and language as well as educational and social development.

We encourage you to attend all sessions to ensure your child is able to access the full benefits of this programme.

What do I do next?

Following the intervention, your child will either be handed back to the caseload holder or discharged as appropriate.

Your care plan will detail the child's specific targets for the group.

To continue to generalise the skills worked on in these sessions, you should:

- Complete the weekly homework sheets to practice the sentences with your child.
- Model simple language throughout your daily routines e.g., "Mummy is eating" "(child) is putting shoes on" "open the door" "Daddy help" to increase exposure to functional words and phrases.

Who do I contact?

Your invitation letter will name a primary contact for you to message or call to confirm the child's place.

You can also reach our admin team on:

Huddersfield - 01484 344299

Calderdale - 01422 261340

If you have any comments about this leaflet or the service you have received you can contact :

Children's Therapy Services Admin

cah-tr.childrenstherapy@nhs.net

Telephone: 01484 344299 / 01422 261340

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce,
obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych
informacji w innym formacie lub wersji językowej,
prosimy skontaktować się z nami, korzystając z ww.
danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"