

## Audiology

# Declining Hearing Aids

### Thank you for attending your hearing assessment.

You have decided to decline the fitting of hearing aids despite having a hearing loss. There are different severities of hearing loss and depending on which one you fall into there may be different effects in your day to day life.

- Mild - May have difficulty keeping up with conversations especially in noisy environments
- Moderate - Struggling to hear in background noise and asking to repeat 75% of conversation
- Severe – May not be able to hear loud speech or identify noises in the environment
- Profound - Struggle to hear sounds even when amplified. Predominantly use the other senses to interpret the environment around them

Hearing aids have proven to increase the quality of lives of those who have a hearing impairment in several ways.

### Advantages of hearing aids

- Improves communication by making it easier to follow conversations and reduces listening efforts. This works for both you and those whom you are communicating with thus resulting in better relationships
- Enhances clarity of speech on TV as well as the phone.
- Improves identification and localisation of speech, alarms and other ambient sounds
- Helps an individual become more independent and outgoing- feel less isolated so able to participate in social gatherings
- Health benefits - treating hearing has shown to reduce risks of developing dementia as it slows the process of cognitive decline. It has also proven to reduce issues with your balance
- Mental wellbeing - Research shows that the quicker you are adapted to a lifestyle with hearing aids - the less chances of loneliness and depression

It is important to consider all these facts when making a decision that could improve your quality of life in the long run.

At any time in the future, should you reconsider hearing aids, please visit your GP who will refer you for another hearing assessment within which could be fitted with hearing aids.

**If you have any comments about this leaflet or the service you have received you can contact :**

Audiology Service Manager  
Calderdale Royal Hospital

Telephone No: 01422 222335

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

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المذكور أعلاه"