

Speech and Language Therapy

Show and Say Together: helping your child understand

Some children find it hard to understand spoken words. Using simple language helps. Showing them something **at the same time** as you say the words can help even more.

What you can show your child

- **Objects** linked to what you are talking about. Example: show a bowl when you say “breakfast”.
- **Photos** of the place you are going to or the thing they will use. Example: show a photo of Asda before you go there.
- **Symbols** (simple line drawings). Your child may already use these at nursery or school.

If you are not sure what your child understands best, start with **objects**.

Using Objects: Tips

- Pick an object your child knows well. Example: use their usual bath toy to mean “bath time”.
- Use the **same object every time** for the same message.
- Say the message **at the same time** as showing the object.
- Keep all your objects in one place, like a bag or basket, so they are easy to find when you need them.

Using Photos: Tips

- Make photos clear and easy to see.
- If it's a photo of an object, put it on a plain background.
- If it's a place, take a photo of the part your child will recognise, like the entrance or sign.
- If it's a person, make sure their face is clear.

Using Symbols

Symbols can be harder to get hold of at home. Your child's school or nursery may already use them. If your child's school or nursery offer you some to use at home, ask staff how they use them and what works best.

Key message

Show the object, photo, or symbol **at the same time** as you say the word. Do this **just before** the activity happens.

Example: When it is breakfast time, show the bowl, say "breakfast", then help your child go to where they eat.

If there is a long wait between the message and the activity, your child may not understand the link.

If you have any comments about this leaflet or the service you have received you can contact :

Children's Therapies
Broad Street Plaza
Halifax
Telephone 01422 261340

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

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