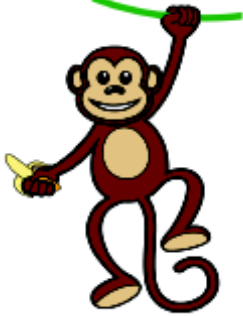


Infant Basic Life Support (with a Tracheostomy)



Safe

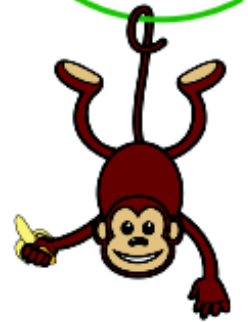
Stimulate

Shout

Airway

Breathing

Circulation



**This leaflet is not a comprehensive guide.
It is intended as a simple aide memoire to complement a
structured teaching programme and must not be used in isolation.**

Basic Life Support

1 Safety

- Check area is safe.



2 Stimulate

- Try to wake the baby by clapping, shouting their name, then tickle fingers and toes, if no response



3 Shout for Help

- If someone is available ask them to ring 999 stating that there is a baby who is unresponsive and wait on the phone whilst you assess the baby.



4 Airway

- Check tube for obstruction
- Suction the tube
- If tube is blocked, change tube (see page 4)



5 Breathing

- Look
- Listen
- Feel for normal breathing for up to 10 seconds, ignore gasps.



If gasping or not breathing

6 Give 5 breaths

- Give breaths into the tube either via bag valve mask or mouth to tube. Deliver a breath over 1 second and take a breath yourself. Repeat 4 times.



If all five breaths unsuccessful, suspect blocked tube and go to step 2 on page 4

**If you have already attempted tube changes without success.
Remove the tube and occlude the stoma.
Deliver 5 breaths via mouth to nose.**

7 Circulation

- If there is no response during the delivery of the five breaths, such as cough, gag or there is no movement, start chest compressions



8 Chest Compressions

- Give 30 chest compressions. Place two fingers on the lower third of the breast bone. Compress the chest at least one third of its depth.



9 Continue to give

- 2 breaths to 30 chest compressions for 1 minute (four cycles of 2 breaths and 30 compressions).

If you are on your own after 1 minute

10 Call 999 or 112

- Continue with 2 breaths and 30 compressions until help arrives.



Emergency Tube Change

1 Shout for help



2 Remove the tube

- Cut ties and remove blocked/dislodged tube.



3 Insert new tube

- Lubricate tube
- Introduce tube into tracheostomy site
- Remove introducer if applicable.
- If unsuccessful, try inserting the smaller tube.



4 Assess for breathing

- Look
- Listen
- Feel for breathing for up to 10 seconds



If the baby is not breathing follow the Basic Life Support sequence on pages 2 and 3 from step 4.

If you have any comments about this leaflet or the service you have received you can contact :

Paediatric Assessment Unit
Ward 3
Calderdale Royal Hospital
Telephone: 01422 223277

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਰ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"