

Maxillofacial Unit

Advice for Patients Receiving Treatment Under Sedation with Local Anaesthetic

Patients Instruction Sheet for IV Sedation

You have been offered sedation in order to help you relax. Most people find this a pleasant and acceptable way of receiving treatment.

1. You will have the sedation administered through an injection in the back of your hand or in your arm (intra-venous sedation).
2. Once you feel drowsy and sufficiently relaxed, your mouth will be numbed and treatment will commence.
3. During the procedure you will feel peaceful and largely unaware of what is going on, in fact many patients do not remember anything about their treatment.
4. At the end of the session you will be allowed to recover until you are fit enough to be discharged home with your escort.

Tight clothing should be avoided (wear a loose short-sleeved top and flat footwear). Contact lenses, earrings, **false nails and nail polish** must be removed.

It is essential that you observe the following instructions, otherwise your sedation appointment may need to be postponed.

1. Please ensure that you eat a light meal (e.g. tea/toast) no later than 2 hours prior to your appointment.
2. You **must** be accompanied by a responsible adult who must remain in the hospital throughout your appointment. We do have a pager system in place to recall your escort to the department, if they wished to go for refreshments.
The escort must accompany you home afterwards and arrange for you to be looked after for the following 24hrs.
3. If you are taking any medicines, they should be taken at the usual times. You must let the surgeon/sedation nurse know if there have been any changes since your last visit in the medicines you are taking.
4. Any illness occurring before the appointment should be reported immediately, as this may effect your treatment.
5. Please do not bring children with you.
6. No alcohol 24 hours before your appointment.

After your sedation

Don't worry if you have difficulty remembering what has happened whilst you were sedated. This is called "amnesia" and is very common.

- You **must** go home with your escort and rest quietly for the remainder of the day.
- Your escort should take you home after treatment by private car/taxi rather than by public transport.
- You **must** not drive any vehicle, operate any machinery or use any domestic appliances for 24 hours after sedation.
- You **must** not drink alcohol, return to work, make any important decisions or sign any legal documents for 24 hours after sedation.

Please telephone if you have any problems or queries

Maxillofacial Unit
Huddersfield Royal Infirmary
Secretary (01484) 343219
Unit Manager (01484) 342336
8.30am - 5.00 pm

Out of Hours
Bradford Royal Infirmary (01274) 542200
and ask for Oral and Maxillofacial on call.

If you have any comments about this leaflet or the service you have received you can contact :

Unit Manager
Huddersfield Royal Infirmary
Telephone (01484) 342336

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"