

## Paediatric Day Surgery

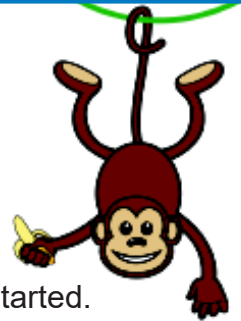
# Advice for parents whose child has had minor surgery



### Pain

After minor surgery your child is likely to suffer a little discomfort although a local anaesthetic may be given in theatre and this will help to relieve the pain.

Preventing pain occurring is easier than relieving it once pain has started. It is advised to give regular pain relief for the first 24-48 hours following surgery.



### Vomiting

Vomiting is common following a general anaesthetic. Some children may have to stay in hospital due to persistent vomiting. If your child is sick at home, let them have small amounts of weak juice or water. If vomiting persists, please contact your GP or the hospital.

### Care of the wound

Advice will be offered to you by your nurse before you go home. Generally there will be a light dressing or no dressing at all. Your child may have stitches. Most stitches used are dissolvable but your nurse will advise you before your child's discharge. Some wounds may have steri-strips (paper stitches) on the skin surface – keep the dressed wound dry for 3-4 days and then bathe as normal. Allow the dressings to soak off naturally, do not pull them off.

If the wound site appears red, inflamed, oozing or bleeding, please contact the hospital or your GP.

### School

Anaesthetics can wear off slowly making your child feel dizzy for short periods.

Your child should be observed carefully at home for the first day. If he / she is comfortable, they should be able to return to school the following Monday. Activities and sports should be restricted according to the surgeon's advice.

## Follow-up

An appointment will be made for your child and will either be given to you or sent on in the post. You can visit your practice nurse to have the wound checked if you are unsure.

## Contact Telephone Numbers

Weekends, contact:  
Children's Assessment Unit  
Calderdale Royal Hospital

Telephone No: 01422 223277

Please contact your GP if any other queries.

## If you have any comments about this leaflet or the service you have received you can contact :

Sister  
Paediatric Day Surgery  
Calderdale Royal Hospital  
Telephone No. (01422) 372248

[www.cht.nhs.uk](http://www.cht.nhs.uk)

## If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"