

Calderdale and Huddersfield Donor Breast Milk Bank

Your milk can help save a baby's life

Mother's milk

For many newly born babies, there is no substitute for mother's milk, especially for the ill or premature infant and those requiring special care.

These babies cannot feed from the breast because they are too weak or too small. Their own mothers may not be able to provide enough milk at first and this is where a donor mum can help.

Donated breast milk can quite simply help to save a baby's life.

The donor mum

A donor mum is a mother who is still breastfeeding her baby and finds that she has surplus milk after her baby has been satisfied. This extra milk is donated to the breast milk bank to feed other babies.

Donors are asked to hand express or use a breast pump and freeze their surplus milk on the day of expressing. Donors are given bottles to store their milk in.

The breast milk will be pasteurised (special heat treatment) before it can be used. This has to be done within 3 months of the milk being expressed so ideally we need to receive donor milk within 2 months of expressing it.

We can arrange collection or donors can deliver the milk to the milk bank using a cool box.

How you can help

Demand for breast milk rarely changes. There are always sick and tiny babies who need it and so there will always be a need for mothers to become donors.

The Milk Bank recruits mothers whose babies are less than 6 months old at the time when the breast milk is first being collected and will usually accept milk up until the time your baby is one year old.

We are always in need of donor mum's and if you are interested, please contact the Neonatal Unit at Calderdale Royal Hospital. Direct Line (01422) 224421. Ask for Milk Bank Staff.

If you would like more general information about becoming a donor. Visit the UKAMB (UK Association for Milk Banking) [website: www.ukamb.org](http://www.ukamb.org)

If you have any comments about this leaflet or the service you have received you can contact :

Calderdale and Huddersfield
Donor Breast Milk Bank

Telephone (01422) 224421

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو براہ کرم مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"