

# Urology Specialist Nurse Service

## Service overview

The Urology Specialist Nurse supports people with Urological Cancers /Diseases and specialises in their care.

We work closely with your Doctors and others who will be looking after you during your hospital visit, to ensure you receive the best care and support available for your specific condition.

## The role of the Specialist Nurse/Keyworker

The Urology Specialist Nurse/Keyworker specialises in the care and support of patients diagnosed with a Urological Cancer.

The role is to provide a point of contact from diagnosis through investigations and treatment.

There is a team of specialist Nurses covering all Urological Cancers, cross cover is provided at Huddersfield Royal Infirmary and Calderdale Royal Hospital when staff are on Annual Leave.

- Most Consultant Clinics are attended by Urology Specialist Nurses to support patients receiving a new diagnosis of Cancer.
- We liaise with the Consultant regarding planning of your care and/ or to discuss urgent issues.
- Are members of the local Multi- Disciplinary Team meetings which are held weekly.
- A member of staff attends the Bradford Multi- Disciplinary Team meeting weekly.
- We organise rehabilitation following Radical Prostate Surgery.
- We provide advice and support to patients/carers.
- We meet Information needs and help patients to be in control of their own decisions.
- We keep GP'S aware by letter with a copy sent to the patient.
- We encourage awareness of Urological Cancer and screening.

## Service aims

### As a key member of the urology team we aim :

- To ensure that all aspects of practice are directed to meeting the needs and interests of patients.
- To continually develop the service for Urology Patients in conjunction with the objectives of the Trust.
- To minimise waiting times for consultations and treatments making the most of the hospital services available.
- To act as a source of information for patients/carers and health care staff on Urology Cancers and treatments.

## How can I help you and your family?

Finding out you have Cancer can be a worrying time. You may have concerns or questions and to help you through this time I am your Specialist Nurse/Keyworker.

**My name is** \_\_\_\_\_

**Your Consultant is** \_\_\_\_\_

### I can provide an opportunity to talk about:-

- Your diagnosis, potential treatments and management.
- How your diagnosis is affecting both you and your family's life acting as an advocate to promote and facilitate quality and individualised care.
- Any investigations you are due to have.
- Offer advice about how you can contact the other specialist services if appropriate to your needs e.g. social worker, benefits advice, counselling and support groups.
- Adjusting to life after Cancer can be difficult so you may need help resuming your normal routine after treatment.

## Multi-Disciplinary Team Meeting (MDT)

### MDT

As your Key worker I will be involved in a meeting to discuss your care and best treatment plan. At this meeting the Consultants, Doctors, Pathologists, Radiologists, Oncologists and Urology Specialist Nurses, will be present looking at your results and any scans/ x-rays you have had to obtain your diagnosis and staging. There is a local MDT at Huddersfield and central MDTs either at Bradford or Leeds. You are usually discussed at both the local and central MDT'S. A plan of action is agreed regarding the best available treatment options.

### Investigations

These will normally take place in either Huddersfield or Calderdale Royal Hospital. These will be tailored to your needs.

### Treatment

Surgery would normally be performed in Bradford.

Radiotherapy is usually performed at St. James Hospital Leeds however you will be seen in Bradford to discuss the treatment options.

## Details of cancer / disease

Organ \_\_\_\_\_

Grade \_\_\_\_\_

Stage \_\_\_\_\_

Results \_\_\_\_\_

Plan \_\_\_\_\_

Information Booklet Offered    Yes / No            Accepted    Yes / No

Any Questions/Comments

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## How to contact Urology Specialist Nurses

We can be contacted by phone on the number below

**Monday - Friday**  
**9 am - 2 pm**

Huddersfield Royal Infirmary  
Acre Street, Lindley,  
Huddersfield  
HD3 3EA

**Telephone: 01484 355269**

If we are unable to take your call directly please leave a message on the answerphone and we will return your call as soon as possible however this may not be the same day.

## Useful information

### Prescriptions

NHS Prescriptions are **FREE** for people with Cancer IN England.

If you are having any treatment related to Cancer or or its effects you can apply for an exemption certificate.

You need to collect form **FP92A** from your GP's Surgery.

### Financial advice

We can help with information regarding organisations and charities who may be able to help you and your family cope with the unexpected cost of your illness.

## Local information and support

### Calderdale and Huddersfield

Macmillan Cancer Information and Support Service, Macmillan Unit, Calderdale Royal Hospital  
Telephone No: 01422 222709  
Greenlea Unit, Huddersfield Royal Infirmary  
Telephone No: 01484 343614

### Calderdale Citizens Advice Bureau

Telephone No: 01422 842848

### Calderdale Disabled Advice Resource Team(DART) Cancer support Service

Telephone No: 01422 346040

### Kirklees Benefits Advice Service

Telephone No: 01484 416960 e-mail: [benefit.adviceservice@kirklees.gov.uk](mailto:benefit.adviceservice@kirklees.gov.uk)

### Kirklees Citizens Advice Bureau-Huddersfield

Tel: 08448487970

Noah's Ark Centre-Debt Advice and Money management (for the people of North Halifax)  
Telephone No: 01422 364664 e-mail: [debt@noahsarkcentre.org.uk](mailto:debt@noahsarkcentre.org.uk)

### Bradford

Cancer Information Centre, Main Entrance, Bradford Royal Infirmary.  
Telephone No: 01274 364307 e-mail: [cancer.informationcentre@bradfordhospitals.nhs.uk](mailto:cancer.informationcentre@bradfordhospitals.nhs.uk)

### Leeds

Information Care and Support Service  
Radiotherapy Information Lounge, Level B2, Bexley Wing, St Jame's Institute of Oncology  
Telephone No: 0113 2067603

## National support

### Macmillan Cancer Support (Cancerbackup)

Telephone No: 0808 808 0000 website: [www.macmillan.org.uk](http://www.macmillan.org.uk)

### Prostate Cancer UK

Telephone No: 08000748383 e-mail: [prostatecanceruk.org](mailto:prostatecanceruk.org)

### Carers UK

Telephone No: 0808 808 7777 website: [www.carersuk.org](http://www.carersuk.org)  
website: [www.NHS.UK/conditions/cancer-of-the-prostate](http://www.NHS.UK/conditions/cancer-of-the-prostate)

### Kidney Cancer

Kidney Cancer UK, PO Box 2473, Uttoxeter, Staffordshire ST148WZ  
Telephone No: 01889 565801 e-mail: [julienash@kcuk.org](mailto:julienash@kcuk.org)  
website: [www.kcuk.org](http://www.kcuk.org)

### Bladder

Action on Bladder Cancer(ABC) C/O ABC Secretariat, Right Angle Communications,  
Barley Mow Centre, 10 Barley Mow Passage, London W44PH  
Telephone No: 020 3142 6491 e-mail: [abc@rightangleuk.com](mailto:abc@rightangleuk.com)  
website: [www.actoinbladdercancer.org](http://www.actoinbladdercancer.org)

**If you have any comments about this leaflet or the service you have received you can contact :**

Urology Specialist Nurses

Huddersfield Royal Infirmary  
Telephone No: 01484 355269

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਰ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ طرزبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"