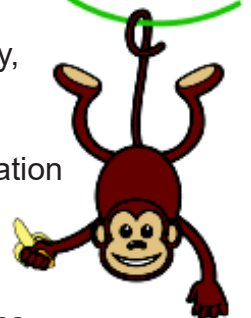


# Information for patients, relatives and carers about today's mock cardiac arrest exercise



A cardiac arrest is when someone's heart or breathing stops suddenly, the brain can only live for a few minutes before death can result. When this happens it may be possible to try to restart the heart and breathing with emergency treatment called cardiopulmonary resuscitation or CPR.

Today we carried out an exercise where we simulated a cardiac arrest on a manikin. We're very sorry if this caused any inconvenience or concern and have provided some more information below about the exercise.



## Why we carried out this test exercise

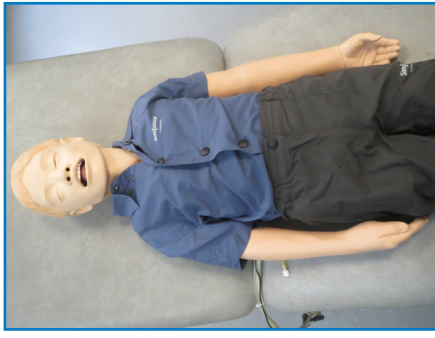
In line with the National Patient Safety Agency (NPSA) best practice recommendations, the emergency response for adult and paediatric teams at each hospital site is tested through mock arrest. This was a simulated cardiac arrest or medical emergency. The aim is to provide continued assurance of the emergency team response.

National guidelines from the Resuscitation Council (UK) Quality Standards for cardiopulmonary resuscitation (CPR) practice and training" document indicate that emergency clinical teams bleeps should be tested daily. Additionally, the Mid-Staffs report identified pager failure and lack of robust test call systems as one of the major clinical risks not addressed by the organisation.

All Trusts are required to establish robust monitoring systems for the emergency call systems. Test calls (to confirm the pager is working) are undertaken by our switchboard at around 10.30 am daily unless the resuscitation team are already dealing with a real emergency.

Core members of emergency teams are required to respond to test calls.

Non response to test calls are reported to the respective duty consultant / manager to allow them to take steps to safeguard patient safety.



The exercise will be assessed using a computerised life like manikin (see photographs) and evaluated by senior clinicians who are responsible for monitoring that the emergency bleeps activated the core team and that the resuscitation team respond appropriately to the emergency.

Thank you for your patience - the safety of our patients is paramount so we hope you understand the need for the test.

Resuscitation Committee

**If you have any comments about this leaflet or the service you have received you can contact :**

Childrens Ward  
Calderdale Royal Hospital

Telephone: 01422 223403

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੁਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"