

Butterfly Scheme

Information for Patients and Carers



The Butterfly Scheme was devised by a carer whose mother had dementia, but it soon became clear that it was useful to anyone whose memory was less reliable than it used to be; its purpose is to improve patient safety and well-being in hospitals. The scheme enables staff to respond appropriately and positively not only to people with dementia, but also to those with memory-impairment or temporary confusion, and allows people to request that care response via a discreet Butterfly symbol.

The carer consulted hundreds of people with dementia and their carers, in order to ensure that all those people's experiences counted towards getting this scheme right. Hospital staff were also keen to be helped to offer the best care they could and staff at this hospital take great pride in supporting patients whose memory isn't as reliable as it used to be, or whose current illness is causing them some confusion.

All you have to do to take advantage of the Butterfly Scheme is to tell a member of staff that you (patient or carer) wish to be part of it and you will be helped to opt in; the opt-in process is extremely simple and costs you nothing. You can also find out more about the scheme on the website:

www.butterflyscheme.org.uk



What happens when someone has opted in?

A discreet Butterfly symbol will be placed next to the patient's name. This tells all staff that the patient has requested Butterfly Scheme care. There are also systems in place to support the patient if they are taken to other parts of the hospital for tests and treatments.



All staff will follow a special response plan which ensures:

- The patient is gently reminded of what's going on, each time a member of staff approaches them.
- The patient is prepared for what is to happen next (e.g. blood pressure, examination) so that they aren't taken by surprise.
- The patient will be placed in as suitable a place as can be provided so as to reassure them and keep them safe.
- The bedside area (table, etc.) will be kept as consistent as possible, with possessions, drinks and so on easily accessible and replaced where they were originally found.
- Cleanliness and drinking, which may become more difficult to maintain independently when the patient is away from home, will be given special attention.
- Medical history of any kind will be checked via records or carer; the patient will not be relied upon to provide accurate medical history, but will still be asked courteously about it.
- Instructions and information (including the taking of medicines) will be offered to the patient but the patient will not be relied upon to remember them; a member of staff will take responsibility and will, where appropriate, pass information on to carers.

Is anything else involved?

Carers will also be asked to fill in and return a carer sheet, so that the valuable insight they have into their loved one's care needs can be shared with the staff who are taking over that care during a hospital stay. This way, carers can really help staff to help their loved one. Even a little bit of information can make a great difference, so please just offer whatever you can.

What if you don't opt into the scheme?

The choice is entirely yours. Having a Butterfly symbol makes it far more likely that every member of staff will know about the memory status of the patient and this will remind staff to use the Butterfly Scheme response, but staff will still do their best to care for patients whether they

The staff want to give excellent care. Please do speak to a senior member of the ward staff if you feel more can be done.

Please note: Ward staff will endeavour to meet all the documented needs of the patients but this may not always be possible.

If you have any comments about this leaflet or the service you have received you can contact :

Nurse Consultant for Older People
Huddersfield Royal Infirmary

Telephone No: 01484 355819

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਵੇਰ ਪ੍ਰਾਚੁਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ کی زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

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المذكور أعلاه"