Calderdale and Huddersfield

Paediatric Day Surgery

Children going home after a Grommet Operation

Will my child be asleep?

Your child will be given a general anaesthetic and will be kept asleep until the operation has finished.



What if my child has earache?

If your child complains of pain you can try and relieve this with Paracetamol or Ibuprofen. Follow the instructions on the bottle. A nurse will advise you when or how often to give this medication.

Is there anything I should be aware of?

Loud sounds

If your child has suffered from deafness before the operation, things may now sound loud. This is normal and your child will adjust to this.

Oozing

Some oozing from the ears is common but if this becomes smelly or profuse, get medical advice.

Washing

Occasionally soapy water in the ear may cause pain. Although there is no evidence that this harmful, it is recommended that a plug of cotton wool dipped in Vaseline will help keep the water out. Be careful not to push this too deep into the ear canal.

Swimming

There is no evidence that swimming is harmful but it is advised to refrain for 2 weeks to allow the ears to heal. Your child may experience some pain when diving so it makes sense to avoid this. Swim with ear plugs and a swimming cap.



When can my child go back to school?

Your child should be fit to return to school or nursery the Monday after the operation.

Will my child need another appointment?

Your child will be given an out-patients appointment to have a repeat hearing test and follow up with the consultant. This will either be given to you before going home or one will be sent in the post.

Remember:

If you have any problems in the first 48 hours or require some advice, contact:

Children's Ward 3A Calderdale Royal Hospital Telephone No. (01422) 223277

If you have any comments about this leaflet or the service you have received you can contact :

Ward 3 Calderdale Royal Infirmary Tel:01422 223277

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو بی معلومات کس اور فارم بی بازبان می درکار ہوں، تو برائے مہربازی مندرجہ بالا شعبے می ہم سے رابطہ کری.

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"



SMOKEFREE We are a smoke free Trust. If you need help to quit yorkshiresmokefree.nhs.uk can help