

Stroke Rehabilitation

Welcome to Ward 7B at Calderdale Royal Hospital

Ward 7B is a 12 bedded Stroke Rehabilitation Ward. The ward works on a Multi-Disciplinary Team approach (MDT). The team comprises of a number of professional disciplines who provide specialist input and management to patient care. Length of stay on the ward will vary depending on each patient's individual needs.

Team Members you may encounter during your stay

Consultant	Anand Nair
Ward Manager	Lisa Wilkinson
Ward Sister	Andrea Moore
Occupational Therapist	Jessica Loxam, Darren Nicholson
Physiotherapists	Joanne Fortune, Michelle Barrow
Speech & Language Therapists (SALT)	Hannah Butters, Karen Scrivener Fearn
Dietician	Anneka Church
Social Worker	Jasmine Hussain, Shirley Turner
Nutritional Assistant	Jennifer Jackson
Housekeeper	Lucy Feeley
Family Meeting Coordinator	Sharon Barsby
Junior Doctors	Rotational staff
Discharge Coordinator	Emma Howe
Ward Clerk	Patricia Broomhead

What to expect on the ward

- Meet the team
- Weekly consultant ward round
- Weekly staff multi-disciplinary team meeting
- 30 minute family meetings on Tuesday afternoon between 2pm - 4pm.

Within 2 weeks of admission to 7B you and your family members will be given an opportunity to attend a meeting with the multidisciplinary team. We discuss therapy goals, expected timeframes, the discharge process and support after your hospital stay. Further meetings will be arranged as required; alternatively you will have the chance to request one.

Meetings can be arranged by contacting Sharon Barsby on (01422) 224239

Therapy teams

Your therapy may include:

- Speech and language therapy (SALT) will assess and treat difficulties with communication and swallowing.
- Occupational Therapy (OT) will assess and treat difficulties with everyday tasks you may experience due to physical, cognitive and mood problems. They will also help with plans for discharge such as assessing your property and providing equipment if required.
- Physiotherapy will assess your physical abilities which may include reviewing transfers, balance, seating, mobility and upper limb function.
- Dietician – your nutritional and hydration needs.

We aim to follow the national guideline of 45 minutes of each required therapy 5 times a week; however the therapist will assess individual needs to establish where this is appropriate.

Facilities on the ward / in the hospital



Leaving the ward

You are welcome to take your family member off the ward if they are able to sit out in chair. Please check with your nurse that they are medically well to leave the ward and they have no upcoming appointments.

We have a bleep system in place so you do not miss any therapy sessions because you are not on the ward. Please ask the nurses for a bleep and sign a form to say you have taken it. If the team need you to return then we will send a signal to the bleep to inform you to come back to the ward.

Discharge process

- During your stay the team will discuss discharge planning.
- The process will start very early on the day of your admission, even if you are required to stay in for long periods. This is to ensure that your discharge is well planned and fully discussed with you and your family/next of kin.
- Most patients who are admitted to this ward will have residual disability at the time of discharge due to the severity of the stroke.
- Discharge destinations may include:
 - Your home/ relative's home
 - 24 hour care (residential or nursing)
 - Intermediate care
- You may need to continue therapy in the community; the Early Supported Discharge (ESD) may be involved in your ongoing community rehabilitation.
- Social Worker – may be involved to organise any care at home.

Feedback

We would appreciate you to fill in our anonymous feedback form to have your opportunity to reflect on your experience and contribute to ongoing development of services.

Please fill this in at any point during your relative's stay and please leave it in the dedicated red comments box on 7B.

Please note if you have an urgent concern please speak to a member of team.

Fundraising and donations

Regular fundraising events take place on the ward; look out for posters and ask a member of staff if you would like to get involved.

Keep up to date with current activities and events using our Facebook page.

Visiting Times: 10am - 8pm

Please note we have protected meal times to allow you to have privacy whilst eating.

Please avoid having visitors at the following times, unless they are assisting you.

Lunch 12noon - 1pm

Evening Meal 5.00pm - 6.00pm

Thank you

Ward Telephone No: 01422 223702 / 223712

If you have any comments about this leaflet or the service you have received you can contact :

Consultant
Stroke Rehabilitation
Calderdale Royal Hospital

Telephone No: 01422 224239

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਣੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"