Orthopaedic Department

Joint Injections

Joint injections are also known as intra-articular injections.

- The drugs used are cortico steroids which act directly on the joint.

- The injection works by reducing the inflammation and relieving the pain.

- A local anaesthetic is given at the same time and relief is felt almost immediately as it begins to take effect, but as the anaesthetic wears off (in about 2-3 hours), it is not unusual to feel more pain initially. The pain should begin to ease within about 48 hours.

- During this time you may need pain killers e.g. Paracetamol.

- Relief of symptoms varies from person to person and the effect lasts for different lengths of time.

- Following your injection you should exercise the joint and try and use it as normal.

If you are worried please contact:

Treatment Room
Orthopaedic Outpatients

Huddersfield Royal Infirmary   Telephone No: (01484) 342559

Opening Times

Monday - Friday
9.00am - 4.30pm

Out Of Hours

Accident and Emergency

Calderdale Royal Hospital   Telephone No: (01422) 223842

or

Huddersfield Royal Infirmary   Telephone No: (01484) 342020

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care

If you have any comments about this leaflet or the service you have received you can contact :

Nursing Staff
Orthopaedic Department

Huddersfield Royal Infirmary
Telephone No: (01484) 342559

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce,
obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych
informacji w innym formacie lub wersji językowej,
prosimy skontaktować się z nami, korzystając z ww.
danych kontaktowych

ਰ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਰੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗਾ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو ئ معلومات کسی اور فارمیٹ ۂازبان مۍ درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے مۍ ہم سے رابطہ کرۍ۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم المذكور أعلاه"

CHFT