

Day Surgery

Discharge Advice following Skin Grafting and Donor Area

Department of Plastic Surgery

Discharge Advice Following Skin Grafting

- Keep the skin graft dressing clean, dry and intact.

Do not remove the dressing

- If the grafted area is the arm or leg, then please elevate the limb as much as possible.
- If the graft is on your leg, avoid standing for long periods.
- You may be discharged with an elastic supportive bandage. It is important to remove this at night.
- Avoid injury to the grafted site.
- If the area become red, hot and painful, please contact the ward for advice.
- When the graft has healed, apply a non-perfumed moisturizing cream to the grafted area twice a day to keep the skin soft. This may also be applied to the donor site when healed.
- If you are worried, please contact the ward before contacting your G.P. for Advice.

Advice on the care of your Skin Graft Donor Area

- Your skin graft donor area will heal in approximately 2-3 weeks.
- **UNDER NO CIRCUMSTANCES** should you remove your dressing.
- When your donor area has healed completely you may wash it daily, dab it dry and then massage a non-perfumed moisturising cream onto it.
- If your donor area is sore (which unfortunately is common), taking a simple pain killer should help. You may find raising the area will help, e.g. on a footstool.
- Sometimes your donor area will give off a slight odour. This, however, is not unusual but if the smell becomes unpleasant or you are at all worried please contact the the telephone number overleaf before contacting your G.P.

If you experience any problems with your wound or dressing please contact:

Secretary for Plastic Surgery
Monday - Friday
9am - 5pm
Telephone No: 01484 355397/347313

or

for Urgent out of hours and weekends go to
A&E at Huddersfield or Halifax

If you have any comments about this leaflet or the service you have received you can contact :

Matron
Day Surgery Unit
Huddersfield Royal Infirmary

Telephone No. (01484) 342111

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce,
obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych
informacji w innym formacie lub wersji językowej,
prosimy skontaktować się z nami, korzystając z ww.
danych kontaktowych

ਚ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਪ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਜਾਕੇ ਕਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم
المذكور أعلاه"