

# Echocardiogram Test

## Information about your Test

**We have received a referral for you to have an Echocardiogram. This is an Ultrasound Scan of your heart.**

High Frequency Sound Waves are transmitted into the body and are received back onto a monitor, showing your hearts internal structure. This will allow your Doctor to have information about your hearts pumping chambers and valves from the outside of the chest wall. It is a painless test, and no needles are involved.

There are no risks attached to this procedure, and it can safely be performed on Adults, children and babies alike. There is no risk to unborn babies.

## Do I need to do anything before the test?

No. You may eat and drink as normal before the test. You may also take any medications as normal.

## What will happen on the day?

The test will be performed by an echocardiographer. The test will take place in a private room. You will be asked to remove all clothing from the waist up, and will be offered a gown to wear. You will then be asked to lie on your left side on a couch. Lying on your side will allow us to get good images of the heart. Gel will be applied to the chest area, and a small probe moved around over the skin, and sometimes on your stomach and neck area, to view the heart from different angles.

We often have to train other sonographers and junior doctors. If the person performing the scan has to bring in a more senior person, do not worry. This is usually because they are being supervised, and not because some abnormality has been found.

## How long will it take?

The scan will take between 25 and 45 mins to complete. How long the test takes depends on multiple factors.

## What will happen after the test?

You will be able to leave as soon as the test is completed. The echocardiographer will write a report, which will be forwarded to the doctor who requested it. The results of the test are not available on the day.

**If you have any comments about this leaflet or the service you have received you can contact :**

Clinical Services Managers  
Cardio-Respiratory Department  
Calderdale Royal Hospital / Huddersfield Royal Infirmary

Telephone No: 01422 224310  
(Monday - Friday 8.30am - 4.30pm)

[www.cht.nhs.uk](http://www.cht.nhs.uk)

**If you would like this information in another format or language contact the above.**

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z ww. danych kontaktowych

ਬ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਪ੍ਰਾਚੂਰ ਜਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ,  
ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਉਪਰੋਕਤ ਵਿਭਾਗ ਵਿੱਚ ਸਾਡੇ ਨਾਲ ਸੰਪਰਕ ਕਰੋ।

اگر آپ کو یہ معلومات کسی اور فارمیٹ یا زبان میں درکار ہوں، تو  
برائے مہربانی مندرجہ بالا شعبے میں ہم سے رابطہ کریں۔

"إذا احتجت الحصول على هذه المعلومة بشكل مغاير أو مترجمة إلى لغة مختلفة فيرجى منك الاتصال بالقسم  
المذكور أعلاه"