

Oxybutynin Hydrochloride



Your child has been prescribed Oxybutynin Hydrochloride, also known as Ditropan and Cystrin and Lyrinel XL. This medication is available in tablet form (it can be crushed or dissolved if your child can't swallow tablets). You cannot do this with the XL type (Lyrinel). Available in liquid form. Ask your pharmacist if this is available.



Oxybutynin works by helping the muscle of the bladder to relax, preventing some erratic bladder contractions. This helps to increase the amount of urine your child is able to hold in their bladder and may help them to stay dry. It may also ease the need to rush to the toilet (urgency) which some children have.

Side effects from the medication are not common, but there are some minor ones which you may notice:

- Dry mouth
- Dry skin
- Facial flushing
- Constipation
- Sensitivity to Sunlight
- Vomiting

If your child develops any of these symptoms **DO NOT** stop giving the medication but **DO** let your doctor know at your next clinic visit. **If symptoms are severe or your child cannot tolerate them stop the medication** and discuss it with your doctor. If there is sensitivity to sunlight your child should wear trousers and a long sleeved top and sun block when outside in strong sunlight.

If constipation occurs, treat it quickly. You can discuss treatment with your pharmacist or your GP.

Other side effects which may occur in a very small number of children are:

- Blurred vision
- Headache
- Drowsiness or irritability
- Dizziness
- Skin rash

If your child develops any of these symptoms, contact your GP, or the clinic for further advice. Stop the medication.

IT IS IMPORTANT to ensure that your child brushes his/her teeth very regularly. Oxybutynin reduces the saliva produced and tends to make the mouth dry and as saliva is necessary to protect teeth from decay, it is a good idea to pay extra attention to them. Keeping regular appointments with your dentist is also very important.

Also important to make sure your child does not over heat as Oxybutynin can reduce the amount your child sweats.

When your supply runs out, you will need to go to your GP (family doctor) for further prescription.

Always read the patient information leaflet

PLEASE NOTE – These are only guidelines and most children do not suffer any side effects at all. However, if you have any concerns please discuss these with your doctor or specialist nurse.

If you have any comments about this leaflet or the service you have received you can contact :

Paediatric Enuresis Clinic
Huddersfield Royal Infirmary
Telephone No: 01484 343477

www.cht.nhs.uk

If you would like this information in another format or language contact the above.

Potřebujete-li tyto informace v jiném formátu nebo jazyce, obraťte se prosím na výše uvedené oddělení

Jeżeli są Państwo zainteresowani otrzymaniem tych informacji w innym formacie lub wersji językowej, prosimy skontaktować się z nami, korzystając z www. danych kontaktowych

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